



Salt Lake City Sustainability Department  
Resident Food Equity Advisors Program Summary

**PRIORITIES FOR CREATING ACCESSIBLE, RELEVANT  
AND HEALTHY NEIGHBORHOOD FOOD ENVIRONMENTS**

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**2022-2023**



The Salt Lake City Resident Food Equity Advisors Process and Report is a project of Carbaugh Associates Inc. in partnership with MGB+A The Grassli Group



# 2022-2023 Salt Lake City Resident Food Equity Advisors

## **PRIORITIES FOR CREATING ACCESSIBLE, RELEVANT AND HEALTHY NEIGHBORHOOD FOOD ENVIRONMENTS**

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**2022-2023**

A report of the 2022 – 2023 Salt Lake City Resident Food Equity Advisors Program

This report is solely human produced. No Artificial Intelligence was used in its creation.

# Acknowledgements

Salt Lake City Mayor

Erin Mendenhall

Director, Salt Lake City Sustainability Department

Debbie Lyons

Deputy Director, Salt Lake City Sustainability Department

Sophia Nicholas

Food and Equity Managers, Salt Lake City Sustainability Department

Brian Emerson\* and Maria Schwarz

## 2022 - 2023 Salt Lake City Resident Food Equity Advisors

Carol Davis

Katie Lawson

Josh Garcia

Lisia Satini

Adam Guyman

Eugene Simpson

Laura Harper

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Abdirizak Ibrahim

Tamara White

Zana Jokic

John Wilkes

Jodi Key

\* As Food and Equity Manager, Brian Emerson initiated the 2022-23 RFEA Program. Leaving his position in May of 2022, he was succeeded by Maria Schwarz. As of the writing of this summary report Maria continues to serve as SLC Sustainability Department Food and Equity Manager.



## SLC RESIDENT FOOD EQUITY ADVISORS PROGRAM

### What is the program?

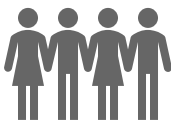
The Salt Lake City Resident Food Equity Advisors Program is a resident leadership and action initiative concentrating on creating more equitable - accessible, available, relevant, safe, dignified and healthy - neighborhood food environments.



As a city-based resident leadership effort, the program brings together locals - who have personal ways of knowing about food hardship - into an asset-based, facilitated process. Within a monthly meeting format, the Advisors work together to identify food disparities unfairly affecting residents and neighborhoods, shape and define opportunities, as well as give direction to food equity solutions.



In their civic process, which involves their lived experience, building understanding, co-learning and consensus decision-making, the Advisors provide an empowered and effective food equity leadership voice. Together, they are a voice amplifying the realities of living with food hardship. And they are leaders who act to reduce food access barriers, identify food access solutions and advance recommendations leading to timely and sustainable food equity results.



Because the work of the Advisors aims to support long-term individual and community growth, their service is also dedicated to making sure residents and neighborhoods get the food they need to more easily take charge of their own healthy and productive lives.

The SLC RFEA program offers a fair wage stipend to each resident participant



# SALT LAKE CITY'S 2022 - '23 FOOD EQUITY PATHWAY

## Where Did We Start?

When compared to its first 150 years of planned settlement, Salt Lake City's recent thirty-year history reveals a story of increasing racial, cultural, religious and ethnic diversity. While the city continues to be enriched by its changing human diversity, it remains true that for every resident - whether born and raised locally, arriving from points near and far, or starting out with little or a lot - there is an absolute daily need for life sustaining food. Yet, for many community members, a range of food access barriers significantly limit their ability to secure relevant, healthy, affordable and dignified food. For some, equitable food access is not just limited, it is simply unattainable.

Building a better city through policies and programs that advance fair, healthy, relevant and environmentally sound food choices has been an ongoing goal of the Salt Lake City Sustainability Department. With a proven performance record for delivering effective food system results, the department continues to be a leader that strives to sustainably support and strengthen the community by improving life for all residents.

Consistent with a history of forward-thinking initiatives, in 2019, the department began prioritizing ways to take food and equity action. At first, the department focused on learning more about food equity, disparity and need. A short time later, their learning led to forming a program where residents, with deep knowledge about food hardship, would become the city's key leaders driving a fair and sustainable local food system. Out of this, the 2020 Salt Lake City Resident Food Equity Advisors (RFEA) Pilot Program was born.

As of May 2023, the RFEA Program marked the end of a second cohort, and with-it, additional progress was made toward improving fair and just local food environments. Continuing to elevate lived experience and diversity as a benchmark for Advisor service appreciably strengthened the groups range. An indication of this is seen in the ways the RFEA contributed to broadening awareness of the city's food related structural and systemic barriers. And while the benefits of service by residents of diverse races, ethnicities, faiths, cultures, gender and ages; those with disabilities or vulnerable physical and mental health risks, the unsheltered and low to no income are many - the results of this program show that food equity advice coming from a broadly diverse group with food hardship experiences, is more connected and responsive to community need.

Other distinguished features of the program are its ongoing commitment to supporting an environment where moving at the speed of trust is valued, and where Advisor co-learning and empowerment take priority. Dual benefits of this pathway are 1) creating ways for resident and city officials to simultaneously deepen understanding of a range of complex structural and personal underpinnings causing food barriers, and 2) to accelerate city actions related to affordable, nutritious, relevant, dignified and environmental supportive food access. Simply put, the RFEA program's trust and empowerment approaches foster timely and effective ways for addressing present food equity needs, while also laying the ground work for improving future sustainable food equity opportunities.

# SALT LAKE CITY'S 2022 - '23 FOOD EQUITY PATHWAY

## Where Have We Traveled?

In a consultant facilitated process, the 2022 -'23 Salt Lake City Resident Food Equity Advisors second cohort convened with an ambitious goal of prioritizing, refining and advancing the 2020-'21 RFEA pilot program recommendations.

Using the 23 key ideas and recommendations from the [2021 RFEA Salt Lake City Food Equity Recommendations for Future Success Report](#) as a framework, the 2022-'23 RFEA tackled some of the city's most pressing food equity issues. To do this, all members of the group worked together in a co-learning, skill building, refining and prioritizing process. Additionally, each Advisor committed to improving understanding by continuously listening to and learning from the ways other Advisors know food inequity. To further inform their advising, they also gained knowledge by participating in educational training sessions, learned about best practices and engaged in several cross-departmental dialogues and presentations related to their food equity priorities. (Appendix A-M)

Along with knowledge building, making progress involved multiple steps, including taking time in advance of meetings to compose their own food equity feelings, thoughts and ideas. By using a Google form™ to facilitate pre-meeting preparations, each Advisor was able to move at their own pace in considering and prioritizing agenda related topics. As a process jump start, these advance meeting preparations helped Advisors organize their thoughts and ideas, plus readied each person for potentially sharing feelings and known facts during meetings.

Broadly speaking, the Advisors decision making around proposed recommendations considered, 1) how a policy or program could make a difference to individual, neighborhood or community level food access, 2) appropriateness for a local fit, 3) how it might be operationalized, and 4) who might offer cross- departmental or external support. In process, sharing personal feelings and experiences, building shared understanding, acquiring fact-based knowledge and consensus prioritization over months, was how the Advisors arrived at conclusions for advancing recommendations. One successful outcome of this approach can be seen in the Advisors letter to the mayor, in which they recommend she lead the city in creating a *Zoning for Healthy Food Environments* policy and a *Healthy Small Markets Initiative*. (Appendix N)

Another example of successful progress are the multistage personal preferencing and prioritization steps undertaken by each Advisor to select their own single most important food equity issue. Out of this multistage process, three Advisor teams formed to assess needs, identify critical elements and advise on next steps for the following: *A Fresh Food Academy, Salt Lake City Based Food Choice Pantries and Vouchers, as well as Developing Partnerships to Grow Orchards in City Parks, Vacant Lots and New Housing Development*. Each of the above is detailed further in this report.

Culminating their service in May 2023, each Advisor firmly advocated for the program to be refined and advanced. Many expressed an interest in continuing with the program and its complex and important work.

# THE SLC RFEA IN MOTION

## How Did We Spend Our Time?



### MEETINGS HELD IN A VARIETY OF NEIGHBORHOODS

- CENTRAL CITY RECREATION CENTER
- SALT LAKE CITY AND COUNTY BUILDING
- SORENSON UNITY CENTER
- WASATCH COMMUNITY GARDEN LEARNING CENTER



19.5 HOURS

TOTAL TIME SPENT IN GROUP MEETINGS



19.5 HOURS

TIME SPENT PER ADVISOR ON MEETING PREPARATION



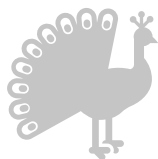
3 HOURS EDUCATIONAL WORKSHOP

HEALTHY FOOD POLICY TRAINING



### CO-LEARNING WITH CITY DEPARTMENTS

- ECONOMIC DEVELOPMENT
- HOUSING STABILITY
- PLANNING
- PUBLIC LANDS





# THE FINISH LINE

## What Did the RFEA Prioritize?

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**ACTION COMPLETE**



**ACTION IN PROGRESS**



### **1. REFINE AND INITIATE AN EQUITABLE COMMUNITY SURVEY SUPPORTING AN EQUITABLE FOOD ASSESSMENT + ACTION PLAN**

To help guide the RFEA efforts and inform the 2021 Advisor recommended Equitable Food Assessment, the city hired a consultant team to develop a targeted food equity survey. The primary objectives of the survey were to:

- Understand where people get their food, as well as identifying barriers that might be preventing them from getting the food they most need.
- Learn about food hardship and economic insecurity within Salt Lake City.
- Have respondents identify food access solutions for their own neighborhoods.

To make sure food equity access and opportunity were addressed in the survey, the RFEA beta tested it for language, race, age, abilities, and cultural elements. Next, they worked directly with the consultant to make final revisions. The RFEA revisions were added, and the survey was launched in August 2022.

In thinking about how broader communities of people experience food barriers, access, and opportunity, the RFEA were especially interested in survey questions relating the following:

**" ...ethnic, special or medically needed food availability."**

**" ...important factors when deciding where you get food. "**

**" Challenges that make it difficult to prepare foods and discrimination "**

**" ...fresh fruits and vegetables available in neighborhoods "**

**" What is stopping you from getting the food you need/want? "**

**" What amount of the personal budget or % of monthly income is dedicated to traveling to and from grocery or pantries? "**



## 2. A JOINT MAYOR – COUNCIL FOOD EQUITY RESOLUTION

Written and endorsed by Mayors and City Councils across the U.S. and by other government bodies worldwide, Sustainable Food Equity Resolutions serve as shared commitments for cities and their residents to work toward creating sustainable, equitable and resilient local food networks. With the goal of helping support the city's long-term food and equity strategies - which includes the work of the RFEA - in December 2021, Salt Lake City Mayor Mendenhall transmitted a *Joint Resolution declaring Salt Lake City's Commitment to Advancing Food Justice and Equity* to the Salt Lake City Council. In early February 2022, the Salt Lake City Council discussed the Advancing Food Justice and Equity Resolution at a regular work session meeting, but has not taken further action.

Although the 2022-23 RFEA anticipated using the Food and Equity Resolution as a resource for its work, as of June 2023 it had not made forward progress and remains with the City Council for consideration.

**" When will the City Council be able to review and pass the Food Equity Resolution? " Resident Food Equity Advisor 2022-'23**

**" Do we know what is holding up the Council from passing the Resolution? " Resident Food Equity Advisor 2022 - '23**



### 3. LAUNCH A SLC BASED FOOD EQUITY MICROGRANT PILOT PROGRAM

First recommended in the [2021 RFEA Salt Lake City Food Equity Recommendations for Future Success Report](#), and then funded for fiscal year 2023, a \$35,000 Food Equity Microgrant Pilot Program aimed to support inclusive and self-reliant resident and community led projects, which were aimed at improving access to relevant, healthy and budget-wise food.

Because the Advisors were keenly aware that this food equity microgrant was a first of its kind for Salt Lake City, their priority actions focused on grant criteria refinement, improving grant accessibility, outreach, as well as an effective public communication launch. To do this, the SLC RFEA microgrant process involved:

- **Learning from Others:** The Advisors spent individual and group time learning about the purposes and processes of two other city- based microgrant programs.
- **Evaluating and Determining:** After learning about other microgrant programs, the Advisors evaluated, decided and incorporated relevant take aways applying to the food equity microgrant process. By combining their personal experiences with survey-based information about priority population needs, they guided the grant eligibility criteria stage to completion .
- **Refining:** Some of the most critical RFEA grant development contributions focused on reducing application barriers and improving access opportunity by 1) assuring the grant process would be widely known about, especially for under resourced and marginalized residents and neighborhoods, 2) making sure the grant process included easily accessible information via in-person , phone and /or remote educational support, 3) ensuring the grant was formatted for multiple languages, disability access as well as, for those at various literacy levels, and, 4) it was both analogue and tech accessible and deliverable.
- **Launching the Grant:** With substantial connections related to food equity, Advisors used their own channels to message the Food Equity Microgrant opening. Underscoring both food equity needs and interests, 80 applications were received within the 30-day grant opening. In the end, the grant concluded with total requests of nearly four times the funded amount. (Appendix O)



## 4. IDENTIFY COMMUNITY ASSETS

Another way the RFEA made progress was by working from the inside out, which is an asset-based approach where the Advisors (inside), identify people or groups outside of the program as potential contributors to food equity solutions and action. By bringing together their knowledge of outside relationships, they collectively identified passionate individuals, as well as community and organizational groups, who they believe will want to know more about food barriers disproportionately causing harm. These would also be people or groups who would want to know about and take action on opportunities for improving fresh, healthy, relevant and dignified food access, like the RFEA guided SLC Food Equity Microgrant Pilot Program.

To improve meaningful food equity outreach and expand food access opportunities, the RFEA recommended connecting with:

Tom King	Asian Association
Dee Lynn	Medina Masjid Mosque
Annie Gardner	Al-Huda Islamic Center
Carl Moore	Salt Lake Community College
Darin Mann	University Neighborhood Partners
Fatima Dirie	Urban Land Institute
Utah Permaculture Collective	American Planning Association, Utah
Disabled Rights Action Coalition	American Institute of Architecture, Utah
Pacific Islander Healthy Coalition	American Society of Landscape Architects
Salt Lake America Helping Refugees	Youth City, Salt Lake City
Rose Park Community Council	Capitol Hill Neighborhood Council
Ballpark Community Council	Head Start
Liberty Wells Community Council	Media: SLUG Magazine and SL Tribune



## 5. ZONE FOR HEALTHY FOOD AND EQUITABLE PLACES

For the very reason that municipal politics, planning and zoning have powerful impacts and long-term effects on how, where and if equitable neighborhood food environments exist, in September 2022, the Advisors turned their attention toward ways to zone for healthy food environments. (Appendix N)

Co-learning from a variety of resources, including their own experience of knowing where certain types of food retail establishments have been developed and case studies, the Advisors focused on learning more about fast food retailing consequences, including their proximity to places where children, youth and vulnerable adults frequent.

As a step in addressing food inequity, the Advisors pointed out how city planning and zoning has long discounted, or over-looked the ways fast-food drive throughs and their low nutritional offerings have had harmful effects on individuals and neighborhoods. Because past SLC zoning laws have not aligned well with healthy, relevant, and dignified food access, any RFEA recommendation concerning Zoning for Healthy Food would become a visible and important city-based food equity structural shift. Notably, the Advisors made clear their intention was not to completely disallow all fast-food drive through restaurants, but instead to focus on getting residents needed healthy food.

In pre-meeting preparations and group discussion, Advisors evaluated factors such as location adjacencies where fast food – drive throughs should not be permitted, possible distances from these uses, plus consideration for those who might need access to these establishments. Wanting to know more about an existing Zoning for Healthy Food case study, one Advisor reached out directly to Arden Hills Minnesota, (a city with a law restricting the density and proximity of drive through and fast-food restaurants) asking additional questions, and following up by bringing more information back to the group.

Finally, in a multi-meeting consensus decision making process, the Advisors refined a recommendation to the mayor for Zoning for Healthy Food – advising for a citywide law restricting the density and proximity of fast food - drive through restaurants. They recommend that these types of restaurants should not be permitted near pre-K -12 schools, houses of worship, public recreation areas, libraries, or hospitals. Furthermore, they recommend that Salt Lake City staff will gain a better understanding for determining the appropriate distance away from these locations by first working closely with residents.



## 6. EXCEL AT FOOD ACCESS AND OPPORTUNITY BY DEVELOPING A SALT LAKE CITY HEALTHY SMALL MARKETS PROGRAM

Because healthy and relevant food access is connected to an individual's potential to do well in school and life, the RFEA bookended their Zoning for Healthy Foods recommendation with another multi-meeting, consensus-driven recommendation for the mayor to assess and develop a Salt Lake City Healthy Small Market Program. (Appendix N)

Using the 2021-22 RFEA: Food Equity Solutions for Future Success Report, plus 1) new information from the 2022 Salt Lake City Community Food Access Survey, 2) a discussion meeting with Salt Lake City's Business Development Director, and 3) critically evaluating other U.S. based voluntary participation healthy market programs, the Advisors' healthy small markets recommendation resulted in advice that can successfully align food access, affordability, health and local economic prosperity.





## **7. FOR HEALTH, AGENCY AND FINANCIAL WELL-BEING - ASSESS AND DEVELOP A FRESH FOOD ACADEMY TEAM**

The RFEA team recommendation for the city to develop one or more SLC Fresh Food Academies provides a comprehensive solution to food and equity challenges. The primary goal of this recommendation is to expand food equity by co-planning and designing welcoming places where diverse residents can very affordably learn and share knowledge about cooking, eating and living for wellness. When considering places to locate one or more Fresh Food Academy sites, this team recommends using existing city recreation facilities. Their recommendation to use city owned rec building space is for site efficiency reasons, and, also because they are recognizable, accessible, safe places already being used by a wide range of residents.

The Advisors add that while it may seem like there is an abundance of health-related food information in the public realm (primarily electronically accessed), the RFEA lived experiences informing this recommendation share that it is hard for people to know what food nutrition, budgeting and accessibility information is valid. Additionally, technology supported information is often financially out of reach and can be socially isolating. In their assessment, gathering information by oneself doesn't value and build shared community, nor does it contribute to emotional or physical health.

The recommendation of this team is for SLC Fresh Food Academy programming to focus on, 1) education and hands on experiences related to nutritional counseling, 2) developing a personal understanding for how to grow, prepare, cook and store healthy and culturally important foods, 3) exercise for health and enjoyment, 4) food budgeting for self-sufficiency, 5) learning about food resources and, 6) gaining peer support. Including local educational talent, especially local farmers, consumer budgeting experts, along with health and wellness instructors who represent and/or can very comfortably welcome diverse cultures, ages and abilities ,will be central to making the Academy successful.

**To advance the Salt Lake City Fresh Food Academy, the Advisors recommend:**

- 1. Having the RFEA meet and talk with recreation centers to listen, learn and share ideas about the Fresh Food Academy.**
- 2. Fund and begin an assessment of existing and then needed physical facility and programming needs, such as kitchen facilities, diverse community based educational resources, funding and favorable start up locations.**



## 8. IMPROVE ACCESSIBLE, RELEVANT AND DIGNIFIED FOOD CHOICES THROUGH CLIENT CHOICE PANTRIES AND VOUCHERS TEAM

Identified as very important to local interests, this RFEA team raised compelling questions, ideas and early recommendations related to Client Choice Pantries and a city-based voucher program. (Appendix P) Through lived and professional experiences, they know the way emergency food pantries currently operate can vastly improve. Yet, to make appropriate and effective final recommendations on their ideas, they want to continue in the program, build greater understanding and refine their Client Choice and Voucher recommendations. (Appendix P)

This team believes that for the city's food equity goals of reducing barriers and increasing access to be meaningful, local government must help support the development of consistently accessible client choice pantries. To gain traction in this area, their key concepts for Client Choice Pantries focus on 1) empowering and supporting, and 2) reducing inefficiencies and waste. These Advisors offer that creating pantry environments designed to look and feel more like typical grocery stores, will improve the emotional and social lives of pantry clients. Further, empowering clients with food choice pantries and vouchers will also mean 1) people will get the food they need for their own faith, health needs and cultural preferences, 2) offer what is wanted so it can be used based on life circumstance, 3) help reduce stress, and 4) offer dignity for people undergoing difficult times.

### Next Steps:

1. To facilitate the convening of Advisors with food bank and pantry experts in a listening, co-learning, discussion and action process, Salt Lake City should continue the RFEA program.
2. With the Mayors support, host an annual workshop to help city staff, the RFEA and other partners understand who is using pantries, learn what is and is not working for clients and pantries, learn more about pantry staff/equipment needs and advance shared solutions.
3. Bringing together the RFEA with pantry staff should include developing marketing devices for helping clients identify healthy and relevant choices. The use of pantry stickers is one way to feature and promote options such as the "Mayors Healthy Food Choices". Additionally, recipes and pantry item food tasting will aid clients in making flavorful and healthy use of pantry items.
4. Display nutritional and culturally appropriate food (i.e., Halal, Kosher, etc.) in the front of pantries. And be sure to offer food items that are appropriate for homeless folks.
5. Use successful models from other cities to learn more about, evaluate and make appropriate recommendations for a Fresh Fruits and Veggies Voucher type program for Salt Lake City.





## 9. MULTIPLE BENEFITS: GROW FOOD AND ORCHARDS WITH SALT LAKE CITY PARKS, NEIGHBORHOODS AND INDIVIDUALS TEAM

With a perceptive awareness arising from their lived experiences and fact-based knowledge relating to local and global changes affecting people and ecosystems, the Grow Food for Multiple Benefits RFEA took a combined advantage approach in recommending food growing partnerships within city parks, schoolyards, neighborhoods and individual homes. Seeking immediate action to help uplift both people and the environment, the Advisors offer a specific and timely path for increasing food accessibility through three operative land use partnering action items including the following:

- Assure parks are for everyone by using them as accessible food sites. Do this by funding, planning, designing and growing foods on public park lands.
- Increase healthy, fair and just food opportunity by creating city policy(s) requiring developers to provide food growing locations within or nearby new multifamily housing sites.
- Working directly with the Salt Lake City Public School District to fund and repurpose their non-functional lawn areas for growing orchards.

This team's approach aims to plant food forests, (growing human foods and orchards in a way that mimics ecosystems) for achieving the dual results of 1) providing nutrient rich foods, education and some workforce training for residents of all ages, races, religions, health, ability and the under resourced, and 2) supporting biodiversity by using climate protective and cooling approaches for improving soil, air, water quality – such as turning non – functional lawn into abundant and heat reducing food planting areas.

### Next Steps:

1. Continue the RFEA program and through the program get more community feedback and ideas.
2. Engage an RFEA process to help plan continuous and connected orchards throughout the city.
3. Through RFEA programming, work with city parks staff, residents and developers to identify and prioritize initial food forest planting areas.
4. Meet with planning staff to undertake a co-learning and ordinance creation process requiring future multifamily housing developers to provide "horizontal or vertical" food growing areas.



## 10. SLC RFEA PROGRAM NEXT STEPS

Starting with their pre-meeting preparations and following on with subsequent group discussion, the 2022 -'23 SLC Resident Food Equity Advisors unanimously recommend continuing the SLC RFEA program. With their below quotes, they best express why the RFEA program is important and why it should continue.

*"What comes to mind is more opportunities and encouragement to work at it. We want to go on."*

*"This is a great opportunity for me to figure things out... I am connecting the community with the local government. I take this information to all my connections - Sudanese, Kongo, Latinos. I would like to continue..."*

*"Diversity in diet choices are hard to obtain at affordable prices in the area I live. Healthy choices are not available to less fortunate people. This group helps me."*

*"The different struggles, ideas and solutions that each one in the group brings from their own experiences"*

*"The importance of food equity for disabled community members. That probably seems obvious, but hasn't been something that I've personally thought of at this level."*

*"Increased ability to consider cultural, physical and financial accessibility to food."*

*"Food equity is important because I care about hunger issues, health aspect (sic) of food for marginalized groups, human rights aspect of healthy food access."*

*"Food equity is important to me because I care about treating human beings and the environment we live in with dignity and respect."*

*"Having the food equity program is a vital part of what helps people who are different from me bring their ideas to the table."*

*"Putting community first, considering the natural laws of food production and consumption, and innovative ideas to improve equity, access and growth."*

*"The importance of being a resource and sharing resources with others."*

*"Learning about creating accessible gardens... trying to make grocery stores accessible, making food equity program's more accessible, knowing where food comes from, trying to create programs to make things better."*

*"Caring, helpful and kind individuals and group."*

## 2022-2023 Salt Lake City Resident Food Equity Advisors



2022 – 2023 Salt Lake City Resident Food Equity Advisors (RFEA) at their May 18, 2023, meeting. (L-R) Lisia Satini, Eugene Simpson, Abdirizak Ibrahim, Tamara White, Adam Guyman, Katie Lawson (center back), Laura Harper, Zana Jokic, Josh Garcia. RFEA unavailable for the photo: Carol Davis, Jodi Key, Jessica Thompson, John Wilkes.

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# APPENDICES

- Appendix A.** RFEA Meeting Agenda: April 21,2022
- Appendix B.** RFEA Meeting Agenda: May 19, 2022
- Appendix C.** RFEA Meeting: Municipal Food Access Policy Training. June 18, 2022
- Appendix D.** RFEA Meeting Agenda: August 18, 2022
- Appendix E.** RFEA Meeting Agenda: September 15, 2022
- Appendix F.** RFEA Meeting Agenda: November 17, 2022
- Appendix G.** RFEA Meeting Agenda: December 15, 2022
- Appendix H.** RFEA Meeting Agenda: January 19, 2023
- Appendix I.** RFEA Meeting Agenda: February 16, 2023
- Appendix J.** RFEA Meeting Agenda: February 16, 2023 Continued
- Appendix K.** RFEA Meeting Agenda: March 16,2023
- Appendix L.** RFEA Meeting Agenda: April 20, 2023
- Appendix M.** RFEA Meeting Agenda: May 18, 2023
- Appendix N.** SLC RFEA March 16, 2023 Recommendation Letter to Mayor Mendenhall: Zoning for Healthy Food and Healthy Small Market Program
- Appendix O.** Food Equity Microgrant Grantees
- Appendix P.** Extended RFEA Healthy Choice Pantries and Voucher Team Notes. Issues, Questions & Recommendations

## Appendix A

### SLC RFEA 2022 -2023 Meeting Agenda

Salt Lake City Resident Food Equity Advisors

Thursday, April 21, 2022

Sorenson Unity Center – 1383 South 900 West, Blackbox

8:30 a.m. – 10:00 a.m.

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity.

(Source: The Salt Lake City Resident Food Equity Advisors Final Recommendations, 2021)

#### Section 1. Getting Started

- a. Welcome & Agenda
- b. Purpose: Why are we here? What are we here to do?
- c. Introductions: Name & Pronouns
- d. Working Together: Ground Rules. Accessibility, transportation and childcare

#### Section 2. Progress Report from the city: Advancing the Resident Food Equity Advisors' June 2021 Report Recommendations

- a. Prioritizing Voices: Continuing the RFEA program
- b. Internal and External Communications
- c. Food Equity Resolution

Questions?

- d. Expanding Growing Food Opportunities: Urban farming, soil remediation & vertical farming
- e. Microgrant pilot program
- f. Partnering with city libraries to enhance healthy food growing and programming
- g. RFEA Food Policy Training: Saturday, June 18, 2022 from 9:00 a.m. to noon
- h. Funding and Launching the Food Assessment: Step one a communitywide survey

#### Section 3. May Meeting

- a. Advising on the Community Food Assessment Survey - How will Advisors be involved?

Questions?

**Appendix B**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisors

Resident Food Equity Advisor Meeting

Date: Thursday, May 19, 2022

Location: Sorenson Unity Center. Address, 1383 South 900 West in the Blackbox Room

Time: 8:30 a.m. – 10:00 a.m.

Breakfast begins at 8:10 a.m.

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity.

(From the Salt Lake City Resident Food Equity Advisors Final Report 2021)

**2022- '23 RFEA Goal:**

By working together in a co-learning, skill building, refining and prioritizing process, the 2022 –'23 RFEA will carry forward the work of the 2020- '21 RFEA pilot group, and will conclude with selections and recommendations to the city on one or more equitable food solutions stated in the 2021 RFEA Final Report.

- 1) Start Ups
  - a. Welcome and Meeting Format
  - b. Introductions. What is your name? Where were you born? What language(s) do you speak?
  - c. New Advisor Introductions. Abdirizak, Katie, Adam, Josh
  - d. Role Contract. Who does what?
  - e. Break Out. Working Together
  
- 2) Citywide Food Survey Feedback
  - a. Introduction of Y2Analytics Team
  - b. Survey Feedback. Reflecting on the Survey
    - 1b. Which two survey questions are MOST IMPORTANT to you?
    - 2b. What survey question do you believe is MOST HELPFUL?
    - 3b. What survey question do you think is most CONFUSING?
    - 4b. Based on the stated survey goals, what might be missing?

Continued

- 3) RFEA June Meeting: **Date:** Saturday, June 18, 2022

**Time.** 9:00 am. - 12:00 noon.

**Location:** ZOOM meeting format.

**Equity:** Please work directly with Robin and Maria for help addressing accessibility needs for the June ZOOM meeting.

This meeting is an RFEA private Food Policy Training Workshop with Amanda Karls, Founder of Foodvocate. Amanda's work focuses on food policy options and strategies.

**Training Objective:** To learn about and participate in how legislation and other formalized local government policy can be used to increase access to healthy, affordable, and culturally important food. Your training will include an interactive hypothetical exercise to explore how food policy might be adopted into local food access .

**ADJOURN**



**Appendix C**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisor

MUNICIPAL FOOD ACCESS POLICY TRAINING WORKSHOP with Amanda Karls

Date: Saturday, June 18, 2022

Location: ZOOM.

**Accessible meeting location:**

Meeting time:

**Municipal Food Access Policy Training**

*This private, three-hour training includes two consecutive, live web-based sessions to increase municipal staff and food policy council understanding of how legislation and other formalized local government policy instruments can be used to increase access to healthy, affordable, and culturally important food. The training will consist of the following:*

*A first session to provide general background on municipal food access policy, including:*

*An overview of some of the policy and other systemic barriers to equitable food access;*

*Discussion of how local policies to support food systems can intersect with and connect to sustainability, planning, and broader policy work; and*

*Examples of municipal policies across tax, zoning, licensing, and other areas to improve healthy food access, sustainable food systems, emergency preparedness, and health equity.*

*A second session during which attendees will:*

*Get a chance to learn about the Healthy Food Policy Project's policy database and other resources;*

*Participate in interactive exercises to explore a variety of examples of municipal ordinances from across the country that have been implemented to improve healthy food access, sustainable food systems, and health equity; and take part in a simulated exercise to examine how policy language can and should be adapted to address community needs after authentic engagement and outreach.*

**Appendix D**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisor Meeting

**Date: Thursday, August 18 2022**

**Location: Sorenson Unity Center. Address, 1383 South 900 West in the Blackbox Room**

**Breakfast begins at 8:10 a.m.**

Meeting Time: 8:30 a.m. – 10:00 a.m.

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity. (Source: Salt Lake City Resident Food Equity Advisors Final Report 2021)

**2022- '23 RFEA Goal:** The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the 2021 RFEA Final Report.

1) Start Ups. Robin

- Welcome
- Introductions
- Meeting focus and upcoming meeting roadmap

2) Survey update. Maria

- What we know so far

3) Continuing and Finalizing Food & Equity Microgrant Development Recommendations

- Comparison case studies
- Sharing and Showing: Advisor ideas
- Concluding recommendations
- Next step

4) Reconnecting Report with Food Policy Training

- Fresh and Healthy Corner Markets and Healthy Carts (pg. 18)
- Comparison case studies
- Next step

Next Meeting: September 15, 2022

**Appendix E**  
**SLC RFEA 2022 -2023 Meeting Agenda**

**Date: Thursday, September 15, 2022**

**Location: Sorenson Unity Center. Address, 1383 South 900 West, Blackbox Studio**

**Breakfast begins at 8:10 a.m.**

**Meeting Time: 8:30 a.m. – 10:00 a.m.**

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity. (Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**2022- '23 RFEA Goal:** The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the 2021 RFEA Final Report.

**Meeting Focus: Healthy Food Zoning + Fresh and Healthy Small Markets + Carts**

Meeting Information and Learning Resources:

**A. 2021 RFEA Final Report., page 18**

**B. Healthy Food Zoning Example:** *Arden Hills, Minnesota: A community-wide law that restricts the density and proximity of "drive-in businesses" and "fast food restaurants;" they are not permitted to be located within four hundred (400) feet of schools, churches, public recreation areas, and residentially zoned property and must be a minimum of 1,320 feet from one another. (Source: HFPP)*

**C. Healthy Small Market Example Sheet**

**1) Start Ups**

- **Welcome**
- **Advisor and Guest Participant Introductions:**  
**Nick Norris, Director, Planning Division, Salt Lake City Department of Community and Neighborhoods,**  
**Roberta Reichgelt, Director, Business Development, Salt Lake City, Department of Economic Development**

**2) 5 W's + H**

**3) Food Equity, Survey Results, Food Environments**

**4) Fresh and Healthy Food Zoning**

**5) Fresh and Healthy Corner (Small) Market Development**

**6) Food Environment Streetscape**

**Next Meeting: Thursday, November 17, 2022**

**Appendix F**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisor Meeting.

**Date: Thursday, November 17, 2022**

**Location: 625 East 800 South, Wasatch Community Gardens – Education Building**

**Breakfast: 8:10 a.m.**

**Meeting: 8:30 a.m. – 10:00 a.m.**

Meeting Focus: Healthy Food Zoning + Fresh and Healthy Small Markets + Cart

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity. (Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**2022- '23 RFEA Goal:** The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the 2021 RFEA Final Report.

Meeting Information and Learning Resources:

A. **2021 RFEA Final Report., page 18**

B. **Slide Deck**

**Salt Lake City Food Equity Survey**

**Healthy Food Zoning Example:** *Arden Hills, Minnesota: A community-wide law that restricts the density and proximity of "drive-in businesses" and "fast food restaurants;" they are not permitted to be located within four hundred (400) feet of schools, churches, public recreation areas, and residentially zoned property and must be a minimum of 1,320 feet from one another. (Source: HFPP)*

**Healthy Small Market Examples**

- Welcome and Introductions
- Recapping September meeting - What we heard
- Discussion
- Consensus Building
- **Next Meeting: December 15, 2022. Location To be determined**

**Appendix G**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisor Meeting

Date: December 15, 2022

Location: 625 East 800 South, Wasatch Community Gardens, Education Building

Breakfast: 8:10 a.m.

Meeting: 8:30 – 10:00 am.

**MEETING CANCELLED DUE TO  
BLIZZARD CONDITIONS**

## Appendix H SLC RFEA 2022 -2023 Meeting Agenda

Salt Lake City Resident Food Equity Advisor Meeting

**Date: Thursday, January 19, 2023**

**Location: 625 East 800 South, Wasatch Community Gardens – Education Building**

**Breakfast: 8:10 a.m.**

**Meeting: Starting Promptly at 8:30 a.m. – 10:00 a.m.**

Meeting Focus: Advancing Healthy Food Retailing: A. Limiting Future Fast Food Outlets in Certain Areas (zoning policy). B. Increasing Healthy Food Choice (small market program). C. Introduction to SLC Emergency Food Programs > Vouchers and Client Choice Pantries.

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity. (Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**2022- '23 RFEA Goal:** The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the '21 RFEA Final Report.

### Meeting Preparation Resources

**A. Review 2021 RFEA Final Report, pages 17 and 18**

**B. Zoning For Healthy Food Example: *Arden Hills, Minnesota: A community-wide law that restricts the density and proximity of "drive-in businesses" and "fast food restaurants;" they are not permitted to be located within four hundred (400) feet of schools, churches, public recreation areas, and residentially zoned property and must be a minimum of 1,320 feet from one another.***  
**(Source: City of Arden Hills, Minnesota)**

**C. Healthy Small Market Slide Deck with SLC survey results + program examples**

**D. Relevant and Dignified Food Choice: SLC Emergency Food Response Program**

### AGENDA

- Welcome and Introductions (5 mins)
- Updates: Maria (5 mins)
- Preferred rescheduling of December 2022 meeting (5)
- Zoning for Healthy Food Choice: Finalizing recommendation (18 mins)
- Healthy Small Markets Discussion – recommendation (25 mins)
- Dignified and Relevant Emergency Food: ALEX LUNDY, Community Development Grant Supervisor, Housing Stability Division, Department of Community and Neighborhoods (30 mins)

Next Meeting: Thursday, February 16, 2023. Continued discussion on Food Vouchers and Food Choice Pantries, pg. 17 2022, RFEA Final Report

## Appendix I SLC RFEA 2022 -2023 Meeting Agenda

Lake City Resident Food Equity Advisor (RFEA) Meeting

**Date: Thursday, February 16, 2023**

**Location: 625 East 800 South, Wasatch Community Gardens – Education Building**

**Breakfast: 8:10 a.m.**

**Meeting: Starting Promptly at 8:30 a.m. – 10:00 a.m.**

Meeting Focus: Celebrate Accomplishments and Transition to What’s Important Now

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity. (Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**2022- '23 RFEA Goal:** The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the '21 RFEA Final Report.

### Meeting Preparation Resources

**A. Review 2021 RFEA Final Report, Advisors Key Ideas pages 11-12**

**B Support Relevant and Dignified Food Choice, Food Vouchers and Client Choice Pantries page 17**

**C. Grow Food for Multiple Benefits, Increase Opportunity for Agency, Health and Financial Wellbeing, page 19**

## AGENDA

- Welcome and Introductions (10 mins)
  
- Ongoing Programming & Policy Recommendations Discussion: Maria (20 mins)
  - Equitable Food Resolution
  - Microgrant
  - Signing Healthy Small Market + Zoning for Healthy Food letter to Mayor Mendenhall
  - Meeting with Mayor Mendenhall
  
- **What’s Important Now (WIN)**
  - Advisor Priorities
- Breakout

Next Meeting: Thursday, March 16, 2023 Continue Advisor priorities

**Appendix J**  
**SLC RFEA 2022 -2023 Meeting Agenda Continued**

**February 16, 2023 Meeting Resources:**

**Support Relevant and Dignified Food Choice, Food Vouchers and Client Choice Pantries**

- Link: [USU Healthy Food Pantries](#)

**Grow Food for Multiple Benefits, Increase Opportunity for Agency, Health and Financial Wellbeing**

**Recommendations:**

- Develop an Edible City for All resource toolkit that shows how individuals, neighborhoods and school communities can plan, create and ecologically grow their own beautiful, biodiverse food and pollinator gardens in differing space and living circumstances
- Expand food gardening learning and growing opportunities throughout the Salt Lake City Library system
- Consider ideas, examples and next step recommendations for a Salt Lake Fresh Food Academy that will welcome diverse cohorts to learn about growing food, healthy and budgeting, sharing knowledge and expanding community food equity.
- Develop a FRESH AND HEALTHY FOODS AMBASSADOR training and skill building program. This FREE program will focus on outreach and engaging others around food opportunities, autonomy, dignity and ecological gardening.
- Help develop a partnership between SLC Public Lands (parks department), neighborhood groups and individuals to grow orchards on city park lands, vacant lots, school sites, and in new housing developments throughout the city
- Work closely with school districts to enhance and strengthen food growing and healthy eating at schools and outside the classroom

**Bringing ideas together**

- Run the Fresh Food Academy through the library system **Katie**
- Not everyone can grow food. Run the Fresh Food Academy through recreation centers (exercise, nutrition + cooking classes) **Adam**
- A Food Academy could plant fruit trees. School kids can take field trips to the Food Academy **Eugene**
- Bring together the Edible City with Parks. Parks should be gatekeeper for resource toolkits and should help people apply for grants and permits **Josh**
- Bring together library + community + parks to grow food. City can be the educator, but they need to come to the community center. **Abdirizak**



**Appendix K**  
**SLC RFEA 2022 -2023 Meeting Agenda**

**Salt Lake City Resident Food Equity Advisor Meeting**

**Date: Thursday, March 16, 2023**

**Location: 625 East 800 South, Wasatch Community Gardens – Education Building**

**Meet and Mingle Breakfast: 8:10 a.m.**

**Meeting Time: Starting Promptly at 8:30 a.m. – 10:00 a.m.**

**2022- '23 RFEA Goal**

The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the '21 RFEA Final Report.

**What is Food Equity?**

**Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity.(Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**AGENDA**

- Welcome (5 mins)
- Signing Healthy Food Retail and Zoning Recommendation Letter ( 7 mins )
- Microgrant Status Report and Findings Maria ( 20 mins )
- Breakout Groups: Dignified Food Choice or Grow Food for Multiple Benefits Recommendation ( 55 mins )

**SAVE THE DATE: Next Meeting.** Thursday, April 20, 2023. Continued work in Dignified Food Choice or Grow Food for Multiple Benefits Recommendation Breakout Groups

**Appendix L**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisor Meeting

**Date: Thursday, April 20, 2023**

**Location: 1383 S 900 W, Salt Lake City, Unity Center. Classroom NEXT TO Blackbox**

**Meet and Mingle Breakfast: 8:10 a.m.**

**Meeting Time: Starting Promptly at 8:30 a.m. – 10:00 a.m.**

**2022- '23 RFEA Goal**

The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the '21 RFEA Final Report.

**What is Food Equity?**

**Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity.(Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**AGENDA**

- Welcome and Centering (5 mins)
- Breakout Groups:
  - Client Choice Pantry and Vouchers,
  - Salt Lake Fresh Food Academy
  - Partnering to Grow Orchards Recommendation ( 40 mins )
- Whole Group Report Out and Feedback (45 mins)

**SAVE THE DATE: Mayor Mendenhall Meeting. Thursday, May 18, 2023**  
**LOCATION TO BE DETERMINED**

**Appendix M**  
**SLC RFEA 2022 -2023 Meeting Agenda**

Salt Lake City Resident Food Equity Advisor Meeting

**Date: Thursday, May 18, 2023**

**Location: Central City Recreation 615 South 300 East**

**Meet and Mingle Breakfast: 8:10 a.m.**

**Meeting Time: Starting Promptly at 8:30 a.m. – 10:00 a.m.**

**What is Food Equity? Food Equity Considers Opportunity, Access and Barriers.** It concentrates on ways people can become their very best. FOOD EQUITY efforts focus on getting people what they need by providing opportunities and reducing access barriers to healthy and relevant fresh food. Equity is influenced by personal circumstances within households, communities, policies and systems. Equity is also about fairness, inclusion and opportunity. (Source: Salt Lake City Resident Food Equity Advisors Final Report, 2021)

**2022- '23 RFEA Goal** The RFEA will work together in a co-learning, skill building, refining and prioritizing process to carry forward the work of the 2020- '21 RFEA pilot group. This work will conclude with RFEA recommendations to the city on one or more equitable food solutions originating from the '21 RFEA Final Report.

Welcome and Accomplishments - **10 minutes**

Introducing Rachel Otto, Salt Lake City Mayor's Chief of Staff – **5 minutes**

Recommendation groups with Rachel Otto – **15 mins per group (total time 45 minutes)**

- During the breakout group, each Advisor will very briefly introduce themselves - **(4 minutes)**
- Group members present key ideas about why they want this recommendation and the next step for this recommendation. Questions for Rachel to take back to the Mayor **(11 minutes)**

1. Support Relevant and Dignified Food Choice – Client Choice Pantry and Vouchers

Abdirizak, Jessica, Jodi, Tamara

2. Grow Food for Multiple Benefits – Salt Lake Fresh Food Academy

Adam, Katie, Lisia, Zana

3. Grow Food for Multiple Benefits – Partner to Grow Orchards on City Park Land, Vacant Lots, New Housing Developments and other locations

Eugene, Josh, Laura

Whole group closing comments or questions – **10 minutes**

Presenting certificates from Mayor **15 minutes**

**Appendix N**  
**SLC RFEA 2022 -Recommendation Letter to Mayor Mendenhall**  
**Letter Photo Provided by Salt Lake City Mayors Office**

TO: Mayor Mendenhall  
FROM: The Resident Food Equity Advisors, 2022/23 Cohort  
DATE: March 16, 2023  
SUBJECT: Recommendations for Action on Salt Lake City's Healthy Food Environments

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Dear Mayor Mendenhall,

To improve Salt Lake City's equitable and relevant healthy food access, the Salt Lake City Sustainability Department initiated the Resident Food Equity Advisor (RFEA) program in 2020. The RFEA program is an intentional and equitable leadership and engagement effort which brings together residents who have lived experience with food hardship to shape the City's food related plans, policies, and programs.

The 2022/23 cohort of Advisors has met monthly since April, 2022 to build on the work of the first Advisor cohort and develop solutions that create inclusive and equitable food opportunities for all residents of our City. After months of research on best practices, discussion, and collaboration with various City departments, the Advisors have reached consensus on two strategies related to improving equitable and healthy food environments in Salt Lake City.

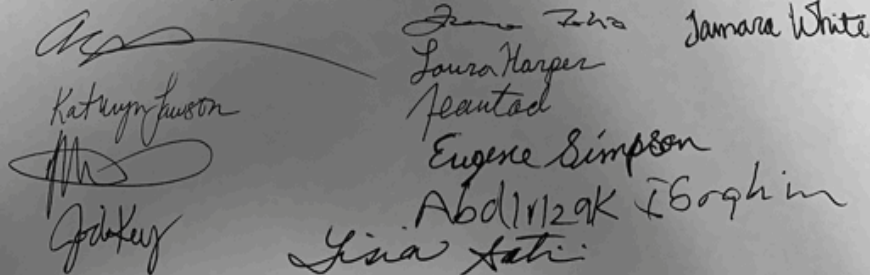
The Resident Food Equity Advisors recommend Salt Lake City pursue the following strategies:

1. **Develop and fund a Healthy Small Market Program** – Salt Lake City should develop and fund a program that incentivizes and supports small and local markets in providing healthy and accessible food and developing healthy and accessible food environments. Using best practices of similar programs in other cities and their professional skills, Salt Lake City staff should work with small business owners and community members to ensure the program structure is adapted to the unique needs and context of Salt Lake City. A Healthy Small Market Program would benefit both residents seeking to access healthy, affordable, and culturally relevant food options as well as small businesses.
2. **Initiate a Healthy Food Access Zoning Ordinance** – Salt Lake City should enact a community-wide law that restricts the density and proximity of drive through food business and fast-food restaurants so they are not permitted to be located near schools, houses of worship, public recreation areas, libraries, or hospitals. Salt Lake City staff should collaborate with community members to determine the best distance away drive through food businesses and fast-food restaurants should be from schools, houses of worship, public recreation areas, libraries, and hospitals. Along with this zoning policy, the City should encourage, improve, and promote a variety of local, healthy, and relevant food options at or near these locations.

The Advisors believe these strategies are appropriate solutions to improving access to healthy food that build on the diverse strengths of our communities in Salt Lake City. We look forward to discussing the positive impact these strategies can have toward creating inclusive and equitable healthy, relevant food access opportunities for all residents at our meeting on May 18, 2023.

Sincerely,

The Resident Food Equity Advisors, 2022/23 Cohort

  
The block contains several handwritten signatures. On the left side, there are three signatures: the top one is partially obscured, the middle one reads 'Katryn Johnson', and the bottom one is 'John Key'. On the right side, there are five signatures: 'Laura Harper', 'Heantad', 'Eugene Simpson', 'Abdulkadir Boghin', and 'Yinia Kati'. The name 'Jamara White' is written in a larger, more formal script at the top right of the signature area.

**Appendix O**  
**Food Equity Microgrant Grantees**

**45 Salt Lake City home production grantees. Households per Salt Lake City Council District:**

Council District	Number of Household Grantees
District 1	13
District 2	4
District 3	4
District 4	6
District 5	7
District 6	1
District 7	10

**13 organizational grantees.** ( in alphabetical order )

- Artes de México en Utah in collaboration with Wasatch Community Gardens
- Carry the Water
- East Central Community Council
- First United Methodist Church
- Grünhof Greens
- Jayhawks
- New American Goat Farm
- Peace Gardens International Academy
- Salt Lake City Canning Co.
- Salt Lake City Food Not Bombs
- Somali Community Self Management Agency
- The Food Justice Coalition
- Vanavil Community Garden

**Appendix P**  
**Extended RFEA Healthy Choice Pantries and Voucher Team Notes.**  
**Issues, Questions & Recommendations**

**Issues:**

We know there is a lot of need for food. Because of our life experience, we know this is an important and not well understood issue. We have ideas, but need the RFEA program to continue so we can understand more about how different groups are involved and then we can make more informed recommendations.

The RFEA, pantries and city need to think about equity first. Provide food that is needed and wanted. Pantry food is often unsafe to eat (inedible) and goes wasted. There needs to be healthy food choices for all people; faith-based diet's, culturally appropriate foods and foods for people with health-related dietary needs. An understanding and awareness that homeless folks need different types of healthy food support from pantries is needed.

Time spent going to different pantries is hard for everyone, especially the disabled and it can take an entire day to get to pantry food. Pantry foods seem to be provided with little coordinated forethought. There is a lot of inconsistency in hours and products, and no pantries are open on the weekends. The Food Bank brings food to pantries, but it isn't what is needed for different religious and cultural groups and cannot be used by clients.

**Four Key Questions:** 1) What can the city do? 2)How do clients know what to do with unfamiliar foods? 3)How is unused food recovered and/or redistributed? 4)How can we get the word out?

1. Continue RFEA program and bring food bank and pantry experts into dialogue and co-learn.
2. Have Mayor and Sustainability Department host an annual RFEA + SLC based food pantry work session. Get sponsorship from the Utah Food Bank. From the food equity side pantries will learn from the RFEA. This will help the city understand who is using local pantries, learn what works for client and pantries, learn about what pantries need (refrigeration, storage, communication support, etc.)
3. Collaboration and communication with all the SLC based pantries is necessary.
4. Based on RFEA lived experiences, evaluate and recommend pantry "Best Practices"
5. With the RFEA, train pantry staff to identify healthy food options and learn how to feature them.
6. Client Choice or Healthy Fresh Food displays and recipes can be used in pantries. This would include nutritionally and culturally appropriate items, like Halal, Kosher, "Ensure or Boost" for homeless people. Waste less - with these displays offer recipes or simple samples of what to do with pantry foods
7. Vouchers need to be understood and evaluated more. Having vouchers on hand at school pantries will be helpful for emergencies
8. Learn from the successful "Fresh Fruits and Voucher" or shopping card programs in other US cities. Evaluate and tailor it to what makes sense for Salt Lake City.
9. Working with RFEA, use social media and city communication channels to get the work out about where and when people can access healthy food pantries.
10. Sharing information in advance is critical for people to know drop off times and emergency walk ups. Create a computerized data base where everyone can check and see what food pantries have it and when they are open

The End