



COMMUNITY RESOURCE GUIDE

Welcome to Salt Lake City

We work to provide city services and resources for everyone, including authorized immigrants and refugees, and new Americans. We also build connections with local organizations to share resources and services that everyone can access easily.

Don't hesitate to ask for help. We encourage you to get involved, meet your neighbors, and connect with local groups and services. Building relationships and seeking help is key to settling in and making Salt Lake City feel like home. You're part of a vibrant community, and we welcome you!

This guide provides helpful information to make your transition smoother. Feel free to call or write us with any questions!

HERE IS AN OVERVIEW OF KEY DEMOGRAPHICS AND STATISTICS FOR UTAH'S CAPITAL CITY:



209,593

2023 Population
Estimate



4.9%

Population Growth
(2020-2023)



15%

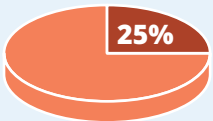
Foreign-born persons
(2019-2023)



32.5

Median Age

LANGUAGE AND COMMUNICATION



Language Spoken at Home (for people 5 years and older): About 25% of people speak a language other than English at home.



Households with a Computer: Almost everyone, about 95% of homes, has a computer.



Households with Internet: Most homes, around 90%, have broadband internet service.

HOUSING AND LIVING



Number of Homes (in 2023):
About 90,000



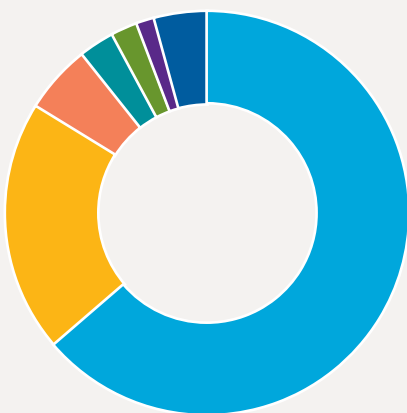
Homeownership (from 2019 to 2023): **Roughly 45% of homes were lived in by their owners.**



Typical Home Value (from 2019 to 2023): **Around \$400,000**



Typical Monthly Rent (from 2019 to 2023): **About \$1,200**



RACIAL AND ETHNIC

- 63.4%** White (non-Hispanic)
- 20.8%** Hispanic or Latino
- 5.5%** Asian
- 2.9%** Black or African American
- 2.1%** Pacific Islander
- 1.4%** Native American and Alaska Native
- 4.2%** Two or More Races

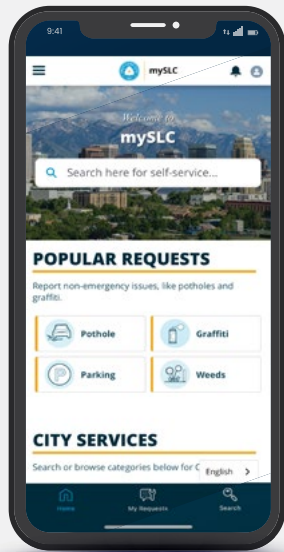


MORE INFORMATION

You can find more details about people born outside of the United States who live in Salt Lake City in a report from the Kem C. Gardner Policy Institute (from June 2023).

<https://d36oiwf74r1rap.cloudfront.net/wp-content/uploads/SLCForeignBorn-May2023.pdf>

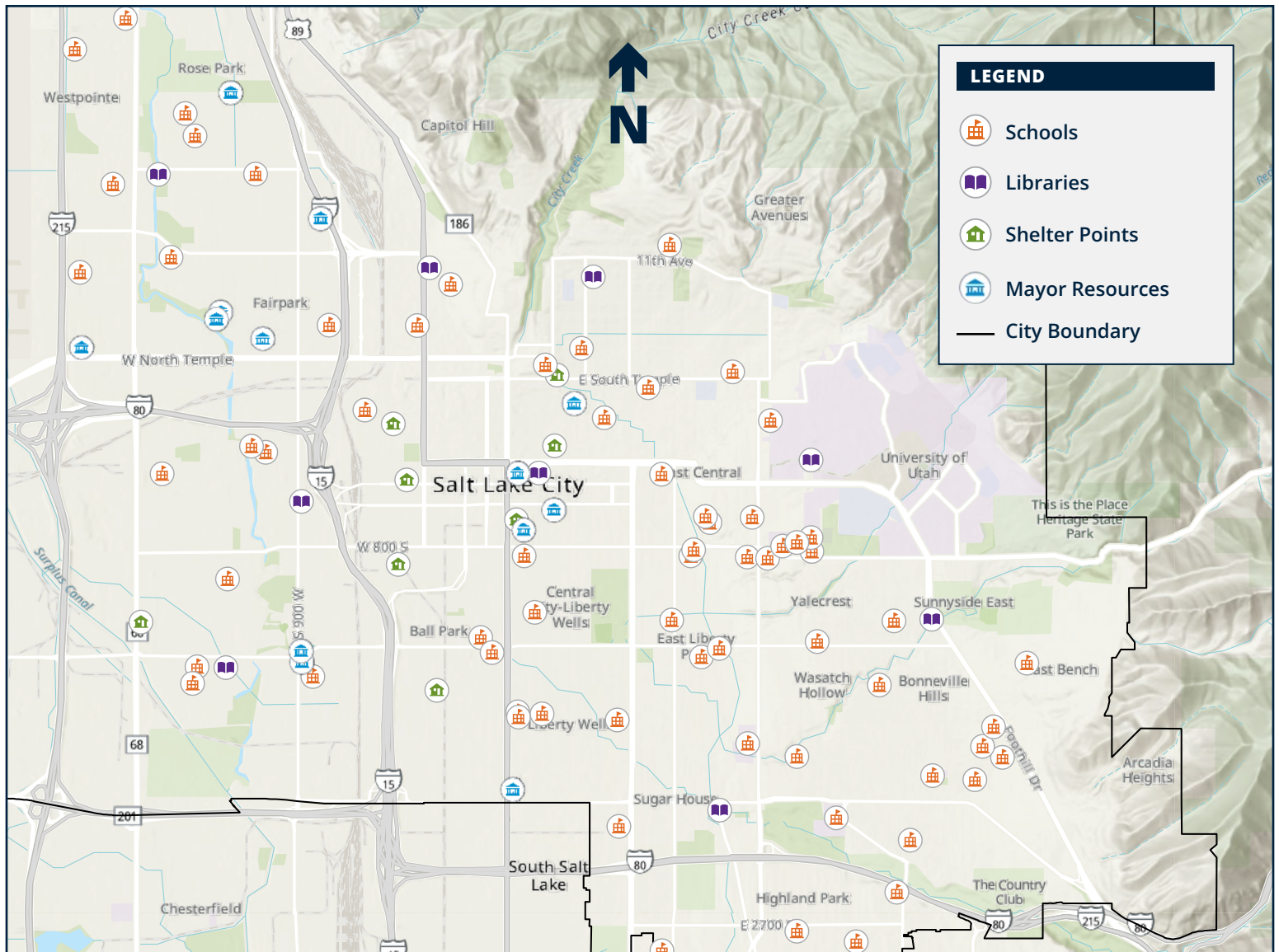
Important Note: This guide is meant to give you information about services and resources available through Salt Lake City, Salt Lake County, community groups, and state organizations. The City does not promote or recommend any specific business or group. The information will be checked and updated each year to make sure it's current. Keep in mind that this isn't a complete list.



mySLC

LEARN ABOUT MYSLC AND HOW TO USE IT!

mySLC is a website that helps people in Salt Lake City find important services and information. You can use it to ask for help with things like fixing a broken streetlight or reporting a pothole. You can also pay for parking, apply for permits, and learn about local events or city programs. It's a simple way to stay connected with the city and get the services you need. Visit www.mySLC.com to find out more.



MAP OF THE CITY WITH KEY LOCATIONS

INTERACTING WITH POLICE



WHAT TO DO IF AN OFFICER HAS BUSINESS WITH YOU:

Salt Lake City Police Officers stop people everyday. It is a necessary part of their job.

A person may be stopped or approached by law enforcement for many reasons.

These could include:

- a traffic violation
- suspicious behavior
- questioning as part of a criminal investigation
- appearing to need help

A person could be stopped while driving or walking down the street. He or she could also be visited at home.

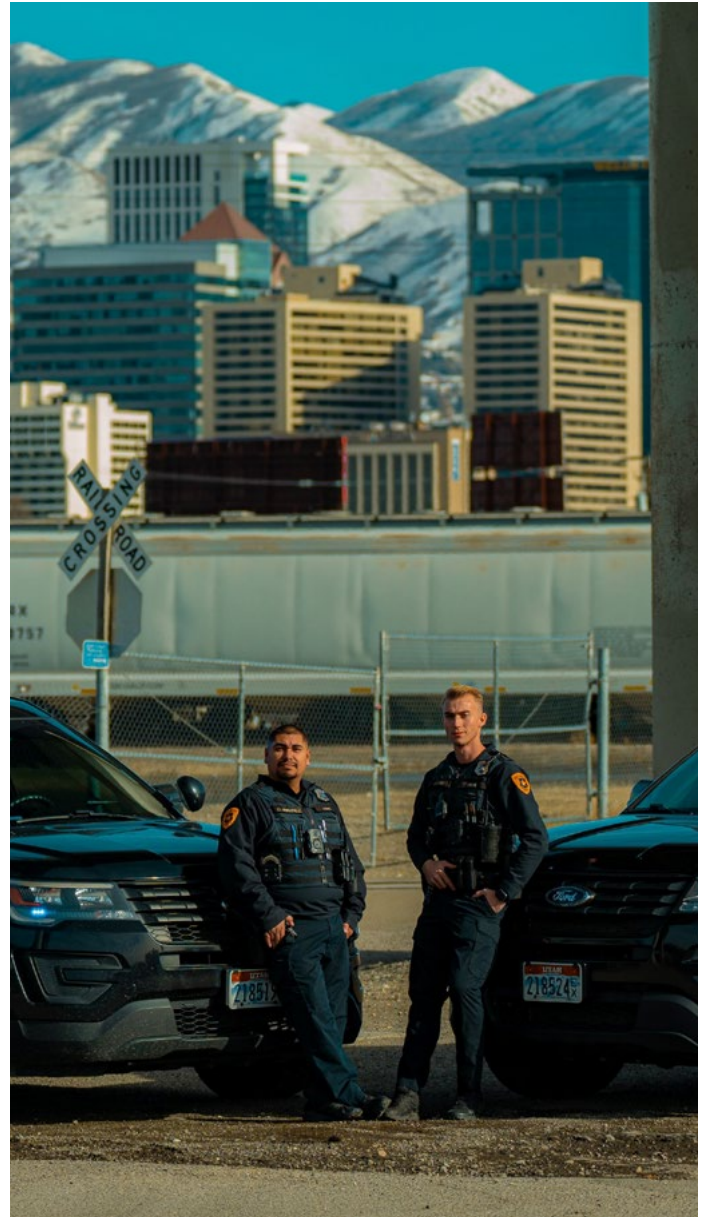
However, officers are required to respect people's rights—these rights protect everyone from:

- having to answer questions (other than ones about identification) that a person may not wish to answer
- being held without probable cause
- improper searches

If an officer has business with you, be sure you:

- stay calm
- do not become defensive or rude
- give your name, address and show your identification, if requested

You do not have to answer any other questions unless you want to.



If you are not free to leave, by law you have the right to:

- remain silent
- have a lawyer with you while you are questioned

If you have a concern about how you were treated, you may file a complaint with the Internal Affairs Unit. You also may seek legal advice on your own.



IF YOU ARE STOPPED WHILE DRIVING:

If you are stopped while driving

An officer can pull you over if there is a good reason (probable cause) to believe a law has been broken.

You may be pulled over if:

- you were driving too fast
- you committed a traffic violation
- your driving was posing a hazard
- your vehicle matches the description of one reported stolen or used in a crime
- you have faulty equipment



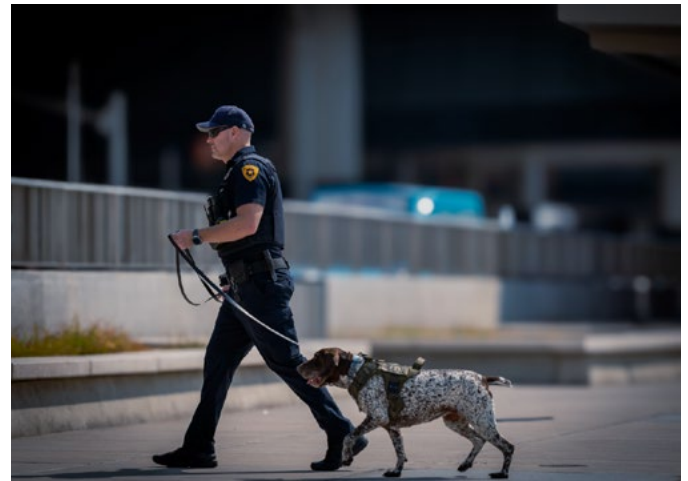
Officers also may stop vehicles at road blocks to check for possible violations.

What you should do:

- Pull over to the right when it is safe to do so. Come to a full stop.
- Turn on the interior light if you're stopped at night.
- Roll down your window and wait inside the vehicle for the officer. Listen for any instructions. Don't get out unless told to do so.
- Keep your hands on the steering wheel so the officer can see them.
- Tell an officer before reaching for any items.

When the officer approaches your vehicle:

- Be polite and respectful. Stay calm.
- Do not move suddenly—the officer may think you're making a threatening move



What may happen next?

- The officer may ask for your license and vehicle registration, or other identification.
- The officer may choose to give you a ticket. Sign it, if asked—doing this does not mean you're admitting guilt.

Don't argue with the officer. If you feel a ticket is not justified, you have the right to appeal it in court. If the officer asks to search your vehicle, it is your right to say no.

But the officer can search if:

- he or she has a warrant
- something illegal is in plain view
- there are reasonable grounds (probable cause) for believing something illegal is inside
- you are arrested

The officer also may do a "pat-down" search to check for any weapons on your person—if the officer has a reasonable basis to fear for his or her safety. Stay calm. Help make the traffic stop go as smoothly and quickly as possible.



IF A POLICE OFFICER COMES TO YOUR HOME:

Ask to see photo identification, especially if an officer is not in a uniform.

Officers may come to your home if:

- there is a complaint—loud noises, for example
- someone in the home called 9-1-1 or could be in danger
- you may play a role in a criminal investigation
- they need to alert you to a problem in the neighborhood

In most cases, officers need a warrant to enter your home—either an arrest warrant or a search warrant.

Officers may enter without a warrant if:

- you choose to let them in
- someone's safety could be in danger
- evidence is in danger of being destroyed or removed
- criminal activity is in plain view

If officers have a proper warrant, signed by a court official, you must let them in. A search warrant allows officers to search your home—but only for the specific items named in the warrant.

Check to see that:

- the warrant is for your address
- you get a written receipt for any personal property taken

An arrest warrant allows officers to make an arrest and to search the immediate area where the arrest is made. Check the warrant to be sure they have the right person. The law gives you responsibilities and rights. Knowing them can make a difference, whether you are stopped while driving, stopped on foot, or visited at home.

You should:

- try to work with law enforcement—be polite and respectful
- know and understand your rights



HOW TO CONTACT THE POLICE

Call us:

If you are experiencing an emergency, call 911.

Non-Emergency: (801) 799-3000.

If you require an officer to respond but it isn't an emergency, call this number. The non-emergency phone number keeps our 911 phone lines open to help those who require an emergency response. You also may want to check out our online reporting options, which generally are good for cases that have no suspect information and no injuries but require a police report for insurance purposes.

General Information: (801) 799-3100.

If you need directions to the Public Safety Building, lobby hours, or seek to follow-up on an old case and do not remember the case number or investigator's name. This is not the number to start a case or file a complaint.

Visit us:

Public Safety Building
475 South 300 East
Salt Lake City, UT 84111

In the lobby of the Public Safety you will find our service desk and an on-duty desk officer.

Lobby hours:

Monday-Friday, 8 a.m. – 5 p.m.; closed Holidays.

Service Desk:

Monday-Friday, 12 p.m. - 4 p.m.; closed Holidays.



EMERGENCY MEDICAL RESPONSE GUIDE



EMERGENCY CARE:

This is for when you have a health problem that happens suddenly and is very serious. It can be life-threatening or affect important parts of your body.

Conditions that need emergency care include:

- Serious trouble breathing
- Chest pain
- Heavy bleeding
- Passing out or losing consciousness
- Severe burns
- Drug overdose
- Poisoning
- Stroke (a serious brain problem)
- Major broken bones

Call 911 or go to the nearest Hospital Emergency Room:

If you call 911, you can talk to someone who will send help to your location and take you to the Emergency Room.

- If you are not sure if it is an emergency, call 911.
- Be ready to tell the dispatcher your address, phone number, and what is wrong with you.
- At the hospital, you will be treated based on how serious your condition is, and other people in the Emergency Room will be considered, too.
- There is no cost for emergency personnel to come to your home.
- Going to the hospital by ambulance or getting treatment in the Emergency Room can be expensive. You will need to pay for this either with your own money or with insurance.
- The emergency medical team is there to help you get the best care possible.



URGENT CARE:

These are health problems that are not emergencies but still need to be treated within 24 hours.

Conditions include:

- Sore throat or cough
- Fever
- Headaches
- Earaches
- Mild asthma
- Nausea or vomiting
- Sprains or strains
- Minor broken bones
- Minor cuts
- Animal bites
- Rashes
- Urinary Tract Infection (UTI)

Go to an Urgent Care facility or clinic that is covered by your health insurance or visit a free/low-cost clinic. If you are not sure if you need urgent care, call your doctor or an urgent care clinic.:

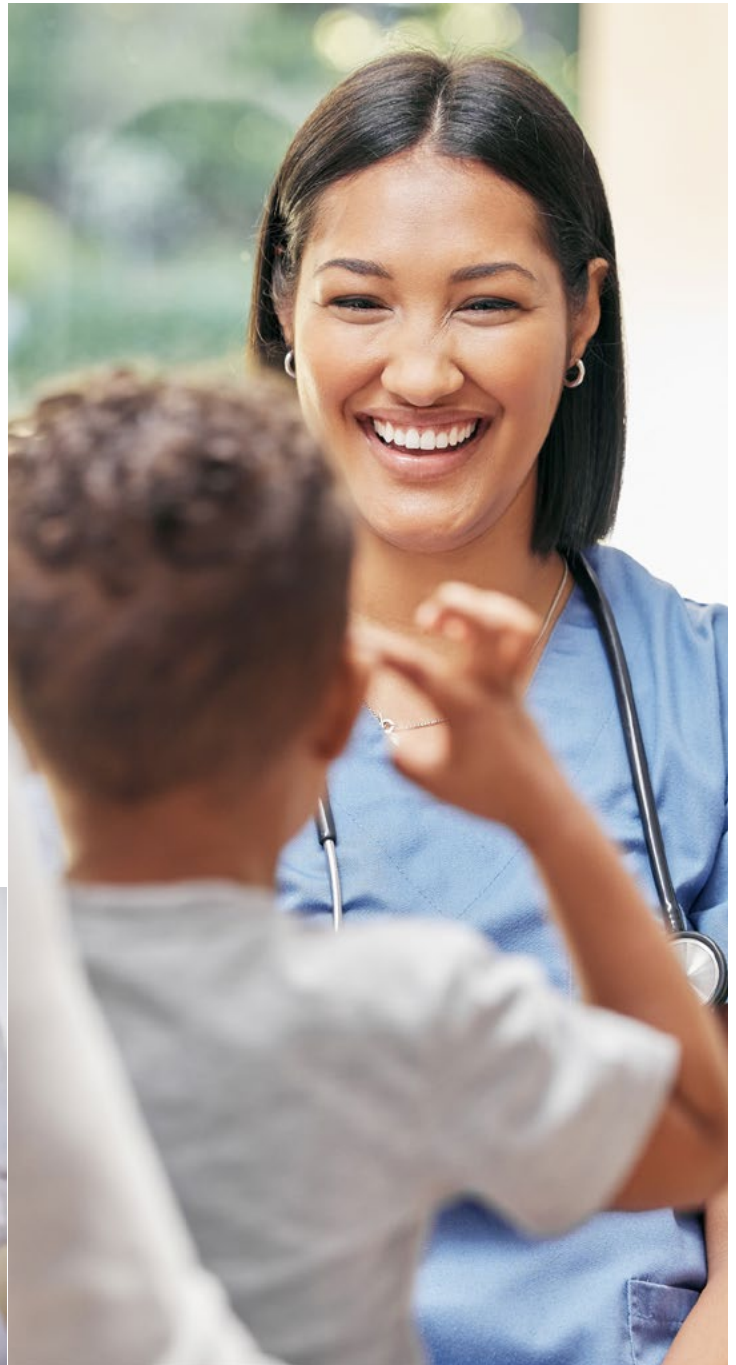
- No appointment is needed for urgent care.
- The cost of urgent care is usually less than 10% of the cost of an Emergency Room visit.
- Interpreter services are available.
- If you have health insurance, check with your insurance company to make sure the urgent care facility or clinic is covered by your plan.



PREVENTIVE CARE:

Vaccines, health tests, and regular check-ups.

If you have health insurance through a private or state program, preventive care is often free if you go to a clinic that is covered by your plan. If you do not have insurance, you can visit one of the free or low-cost clinics listed in this community resource guide on pg. 17.





Housing Resources

TENANT RESOURCE CENTER

The Tenant Resource Center is a place in Salt Lake City where renters can get help with their housing needs. It's run by people from the Community Development Corporation of Utah (CDCU). Think of it as a single place to go for help. These helpers can connect renters with different services, such as help if they're facing eviction, information about affordable places to live, and even support for basic needs like food and childcare.

 **Address:** 501 East 1700 South
Hours: Monday through Friday, 8 am – 5 pm.

 **Phone:** (801) 893-3779

 **Website:** <https://www.slc.gov/can/renters/>

UTAH COMMUNITY ACTION RENT AND DEPOSIT ASSISTANCE

This program is for people who are renting and have suddenly faced a financial problem they couldn't have prevented. To get help, you need to either already have a rental agreement (lease) or be able to sign one soon. The program can help pay for your security deposit or your rent. However, it cannot help with mortgage payments, or payments to roommates or family members. Any money provided will be paid directly to your landlord or the company that manages your rental property.

 **Address:** Salt Lake City WIC 610 S 200 E

 **Phone:** (801) 359-2444

 **Website:** <https://utahca.org/housing/>

(Housing Resources continued)

UTAH COMMUNITY ACTION LANDLORD-TENANT MEDIATION

The landlord-tenant mediation program helps landlords and renters work through disagreements. This service can teach both landlords and renters about their rights and responsibilities. It can help people stay in their homes and avoid evictions. However, this program does not offer legal advice or lawyers.

Phone: (801) 214-3109

Website: <https://utahca.org/housing/>

WORKFORCE SERVICES HOUSING & COMMUNITY DEVELOPMENT

The Home Energy Assistance Target (HEAT) program helps people with low incomes in Utah pay for their energy bills throughout the entire year. If you apply for HEAT, you might be able to get help. The program's year runs from October 1st to September 30th each year. However, the program can stop giving out money earlier if funds for it run out.

Phone: (801) 359-2444

Website: <https://jobs.utah.gov/housing/scso/seal/heat.html>

ENBRIDGE GAS' REACH PROGRAM BY SALVATION ARMY

Enbridge Gas has a program called REACH, which is run by The Salvation Army. If you've already been approved for the HEAT program, REACH can give you extra help by putting a credit on your natural gas bill. You can get this help once each year.

Phone: (801) 969-0526

Website: <https://www.enbridgegas.com/utwyid/billing/billing-options-and-assistance/reach>

PUBLIC UTILITIES WATER BILL ASSISTANCE

Salt Lake City's Public Utilities has a program called Project Water ASSIST. They work with the local Salvation Army to run it. This program helps Salt Lake City customers who qualify and need help paying their utility bills.

(Public Utilities Water Bill Assistance continued)

Phone: (801) 969-0526 or Salt Lake City Public Utilities at (801) 483-6900

Website: <https://www.slc.gov/utilities/pay-my-bill/water-bill-assistance/>

UTAH HOUSING AUTHORITY OF SALT LAKE CITY

Provides affordable housing to low-income families in Salt Lake County. Assisting households through Housing Choice Voucher (Section 8), Public Housing, and Multifamily programs.

Address: 1776 S. West Temple
Salt Lake City, Utah 84116

Email: contact@haslutah.org

Website: <https://www.haslcutah.org>

UTAH HOUSING COALITION

Through Education, Advocacy, and Community Partnerships, the Utah Housing Coalition is dedicated to promoting equitable and sustainable communities to ensure all Utahns have a safe and affordable place to call home.

You can find resources on the website for landlords and tenants, including a multilingual tenant toolkit.

Phone: (801) 364-0077

Hours: Mon-Fri, 9:00 am-5:00 pm

Website: <https://utahhousing.org/resources/resources-for-renters/resources-for-renters.html>





Legal and Immigration Services

LEGAL SERVICES //

AMERICAN BAR ASSOCIATION/UTAH FREE LEGAL ANSWERS

Utah Free Legal Answers is a virtual legal advice clinic in which qualifying users post civil legal questions at no cost to be answered by pro bono attorneys licensed in their state.

 **Website:** <https://utah.freelegalanswers.org//>

UTAH LEGAL SERVICES

Free legal assistance and representation for non-criminal cases for citizens or permanent residents. These include consumer, domestic violence, estate plans & senior, family, financial assistance, food stamps & WIC, housing, Medicaid, Native American unit, and SSI & SSDI.

 **Phone:** (801) 359-2444

Toll-Free Number outside of Salt Lake County:
(800) 662-4245

 **Website:** <https://www.utahlegalservices.org/>
Online Application (for faster service):
<https://www.utahlegalservices.org/>

(Legal and Immigration Services continued)

PEOPLE'S LEGAL AID

People's Legal Aid provides free legal services and education to Utahns facing eviction and debt collection lawsuits. The services are instrumental to helping families maintain safe and affordable housing, improve their financial situation, and stop the cycle of poverty in Utah.

 **Phone:** (801) 477-6975

 **Website:** <http://www.plautah.org/>

CLEAN SLATE UTAH

Free legal expungement assistance. Eligibility information and applications are located on their website. Also, free expungement clinic information is included under their tab "legal resources."

 **Phone:** (801) 359-2444

 **Website:** <http://www.cleanslateutah.org/>

PRO BONO INITIATIVE UNIVERSITY OF UTAH S.J. QUINNEY COLLEGE OF LAW

This pro bono initiative offers free 30-minute consultations to help answer legal questions. Consultations do not create ongoing attorney-client relationships and will not represent clients in court. Areas of law include immigration, family, rainbow, expungement, justice, and debtor counseling.

 **Phone:** 801-581-5418. Call for hours and locations

 **Website:** <https://www.law.utah.edu/pro-bono-initiative/clients/>

IMMIGRATION SERVICES //

PRO BONO INITIATIVE UNIVERSITY OF UTAH S.J. QUINNEY COLLEGE OF LAW

This pro bono initiative offers free 30-minute consultations to help answer legal questions. Consultations do not create ongoing attorney-client relationships and will not represent clients in court. Areas of law include immigration, family, rainbow, street, expungement and justice, and debtor counseling.

 **Phone:** (801) 581-5418. Call for hours and location

 **Website:** <https://www.law.utah.edu/pro-bono-initiative/clients/>

NO MORE A STRANGER FOUNDATION (NO MAS) LEGAL CLINIC

No More Strangers (No Mas) Legal Clinics in Utah provide free legal assistance for immigrants, migrants, and refugees, offering support for naturalization, family-sponsored visas, asylum cases, and DACA recipients.

 **Make an appointment online:** <https://www.nomaslegal.org/schedule-an-appointment.html>

ALLIANCE COMMUNITY SERVICES

This nonprofit organization provides services including citizenship applications, family visa petitions, work permit renewals, residence card renewals, DACA renewals, U visas, VAWA visas, asylum, and temporary protected status applications.

 **Phone:** (801) 265-1111

 **Email:** info@alliance-community.org

 **Website:** <https://alliance-community.org>

CATHOLIC COMMUNITY SERVICES

 **Phone:** For DACA & General Consultations: (801) 428-1256. Immigration consultations are available by appointment Monday–Friday.

Salt Lake City: (801) 977-9119.

Ogden: (801) 428-1295.

 **Website:** <https://ccsutah.org/programs/immigration>

HOLY CROSS MINISTRIES OF UTAH

Low or no-cost services include:

- Legal consultations
- Humanitarian support in legal matters, including
- Deferred Action for Childhood Arrivals (DACA) humanitarian parole
- Refugees and asylum
- Temporary Protected Status (TPS)
- Victims of human trafficking and other crimes
- Family reunification arrangements
- Citizenship and naturalization services

Services are offered **BY APPOINTMENT ONLY** at HCM's Salt Lake City offices.

(Legal and Immigration Services continued)

Holy Cross Ministries of Utah continued

 **Phone:** (801) 261-3440. If the line is busy, leave a message with your contact information and the reason for your call.

 **Website:** <https://www.hcmutah.org/legal-immigration-program/>

UTAH IMMIGRANT ADVOCACY COALITION

The Utah Immigrant Advocacy Coalition wants to make sure Utah is a friendly and helpful place for all immigrants, no matter their immigration status. This includes families with different immigration statuses, people with DACA, immigrant children, and young adults.

This group gives out different kinds of information and resources, like:

Know Your Rights: Information to help immigrants understand their legal rights.

 **Website:** <https://www.u-iac.com/know-your-rights>

Family Emergency Preparedness Plan: Help for families to plan for emergencies.

 **Website:** <https://www.u-iac.com/emergency-preparedness>

LUTHERAN FAMILY SERVICES ROCKY MOUNTAINS

The Immigration Legal Services Program at Lutheran Family Services Rocky Mountains helps people with different immigration needs. They offer services like:

- **General immigration advice.**
- **Renewing DACA** (Deferred Action for Childhood Arrivals).
- Applying for **citizenship** in the U.S. (also called naturalization).
- **Getting, renewing, or replacing green cards** (lawful permanent residency cards).
- Applying for **permission to work** in the U.S.
- **Consular processing**, which helps people apply for visas from outside the U.S. to come here.

 **Phone:** Salt Lake City, UT: (801) 290-2008

 **Email:** ilsutah@lfsrm.org

 **Website:** <https://www.lfsrm.org/Immigration-Legal-Services>

INTERNATIONAL RESCUE COMMITTEE IMMIGRATION SERVICES AT THE IRC IN SALT LAKE CITY

There are several trained immigration experts, officially recognized by the U.S. Department of Justice, who work with volunteers. Together, they offer different kinds of help to people who used to be refugees, people granted asylum, those with special immigrant visas (SIV), and other immigrants in the local community.

 **Address:** Appointments are held at the IRC in Salt Lake City office located at:
1149 West 2240 South West Valley, UT 84119

 **Phone:** Appointments: Call (801) 883 8461 or send a text message to 85 285 6279.

 **Email:** Immigration.SLC@rescue.org

 **Website:** www.rescue.org/announcement/immigration-services-irc-salt-lake-city

REFUGEE JUSTICE LEAGUE

The Refugee Justice League is a non-profit, non-partisan organization founded to promote and defend the Constitutional rights of all refugees in the United States of America.

 **Phone:** (385) 390-3001

 **Contact Us:** www.refugeejustice.org/contact

IMMIGRANT LEGAL RESOURCE CENTER (ILRC)

The ILRC trains attorneys, paralegals, and community-based advocates who work with immigrants around the country. ILRC informs the media, elected officials, and public to shape effective and just immigration policy and law. Our staff works with grassroots immigrant organizations to promote civic engagement and social change.

 **Community Resources:** <https://www.ilrc.org/community-resources>

(Legal and Immigration Services continued)

AMERICAN BAR ASSOCIATION/FEDERAL IMMIGRATION INFO

Provides “Free Legal Answers” on Immigration:

Deportation, asylum, green cards, work permits, DACA, children’s cases, employment-based immigration, citizenship, and other immigration issues.

 **Website:** <https://abafederal.freelegalanswers.org/>

UTAH IMMIGRATION COLLABORATIVE

The Utah Immigration Collaborative (UIC) is a nonprofit organization network that provides immigrant legal services to community members in Utah. The goal of the UIC is to improve access to immigration legal assistance for individuals who are traditionally underrepresented in proceedings through legal representation, as well as improve access to other immigration legal services throughout the State of Utah.

 **Phone:** (801) 382-9027

 **Contact Us:** <https://utahimmigration.wordpress.com/#contact-1>

Website: <https://utahimmigration.wordpress.com/>

ONLINE DETAINEE LOCATOR

Use this page to locate a person who is currently in ICE custody or who has been in U.S. Customs and Border Protection’s custody for more than 48 hours.

 **Website:** <https://locator.ice.gov/odls/#/search>

MORE LEGAL SERVICES // AND JUSTICE FOR ALL

“And Justice for all” is committed to providing free and low-cost legal services to Utah’s most vulnerable citizens – domestic violence victims, people living in poverty, individuals with disabilities, seniors, and other marginalized groups.

 **Phone:** (801) 924-9000

 **Contact Us:** <https://andjusticeforall.org/contact-us/>

Website: <https://andjusticeforall.org/>

DISABILITY LAW CENTER

Provides services to people with disabilities, including developmental disabilities, physical disabilities, mental illness, emotional disabilities, learning disabilities, traumatic brain injuries, intellectual disabilities, sensory disabilities, and chronic health conditions.

 **Phone:** (801) 662-9080

 **Website:** <https://disabilitylawcenter.org/>

PRO BONO INITIATIVE UNIVERSITY OF UTAH S.J. QUINNEY COLLEGE OF LAW

This is a free legal program sponsored by the Pro Bono Initiative at S.J. Quinney College of Law at the University of Utah. This program covers questions related to housing issues (landlord/tenant disputes and eviction), employment (discrimination, termination, and harassment), debt, consumer, and small claims. Check the website for the schedule and locations.

 **Phone:** (801) 581-5418

 **Website:** <https://www.law.utah.edu/pro-bono-initiative/clients/>

UTAH ANTIDISCRIMINATION AND LABOR DIVISION

Assists with employment and housing discrimination complaints and enforcing Utah’s minimum wage, wage payment requirements, and laws.

 **Address:** 650 W 100 N, Provo, UT 84601

 **Phone:** (801) 655-0258

 **Website:** <https://laborcommission.utah.gov/divisions/utah-antidiscrimination-and-labor-uald/>





Hotlines, Crisis Support, Counseling

ABUSE/NEGLECT OF SENIORS AND ADULTS WITH DISABILITIES

 **Phone:** 1 (800) 371-7897

CHILD ABUSE/NEGLECT

 **Phone:** 1 (855) 323-DCFS (3237)

CRISIS LINE & MOBILE OUTREACH TEAM

 **Phone:** 1 (801) 587-3000

NATIONAL SUICIDE PREVENTION LIFELINE

 **Phone:** 1 (800) 273-TALK (8255)

SUICIDE AND CRISIS LIFELINE

 **Phone:** 1988 text/call

 **Website:** <https://988lifeline.org/>

SEXUAL VIOLENCE CRISIS LINE

 **Phone:** 1 (888) 421-1100

RAPE RECOVERY CENTER

 **Office:** (801) 467-7282

24 Hour Rape Crisis Line: (801) 467-7273

UTAH DOMESTIC VIOLENCE

 **Phone:** 1 (800) 897-LINK (5465)

24-hour state-wide domestic violence hotline
Rape, Abuse and Incest National Hotline (RAINN)
Confidential 24/7 Support

 **Phone:** 1 (800) 656-4673

 **Website:** <https://rainn.org/resources>

Online Chat: <https://hotline.rainn.org/online>

WhatsApp Chat: https://api.whatsapp.com/send?phone=12028349806&text&type=phone_number&app_absent=0

LATINO BEHAVIORAL HEALTH SERVICES

Behavioral Health Services are offered at Low Cost or free. Offering tutoring, counseling, suicide education, and peer development.

 **Address:** 4471 South West Temple
Salt Lake City, Utah 84115

 **Phone:** (385) 468-3660

 **Website:** <https://latinobehavioral.org/locations/salt-lake-city/>

NATIONAL DOMESTIC VIOLENCE HOTLINE

Confidential support 24/7, training support professionals providing callers with identification abuse, receiving local resources, and creating safety plans.

 **Phone:** 1 (800) 799-7233

Text: "Start" to 88788

 **Chat:** <https://www.thehotline.org/>

Website: <https://www.thehotline.org/>

NATIONAL RUNAWAY SAFE LINE

Youth Crisis Hotline assists concerned parents and youth in crisis.

 **Hotline:** 1 (800) 786-2929

Text: 1 (800) 786-2929

 **Website:** <https://www.1800runaway.org/youth-teens>

UTAH DEPARTMENT OF HEALTH & HUMAN SERVICES CHILD ABUSE REPORTING CHILD PROTECTIVE SERVICES

If you suspect child abuse or neglect is occurring, please call our 24/7 intake hotline.

 **Emergency:** 911

Phone: 1 (855) 323-DCFS (3237)

 **Online Reporting Form:** <https://dcfs.utah.gov/child-abuse-reporting-form/>

Website: <https://dcfs.utah.gov/services/child-protective-services/>



(Hotlines, Crisis Support, Counseling continued)

UTAH DEPARTMENT OF HEALTH & HUMAN SERVICES ADULT PROTECTIVE SERVICES

 **Emergency:** 911

Phone: (800) 371-7897

 **Report Abuse Online:** https://leaps.dhhs.utah.gov/LEAPSIntake/NewPublicIntakeReport_301.aspx

Website: daas.utah.gov/adult-protective-services/

YWCA UTAH

The YWCA is Utah's oldest, largest, and most comprehensive provider of shelter, transitional housing, education, and supportive services for women and children who have experienced family violence.

Services provided include food, household goods, clothing, support groups, court accompaniment Shelter.

 **Phone:** 1 (801) 537-8600 TTY 711

 **Online Contact:** <https://www.ywcautah.org/connect>

Website: <https://www.ywcautah.org/>

UTAH OFFICE FOR VICTIMS OF CRIME

The agency provides a safety net for individuals who have no other way to pay for costs, including but not limited to medical bills, counseling expenses, burial and funeral costs, and lost wages, resulting from being a victim of crime. Family members of crime victims also may be eligible for help.

 **Address:** 350 East 500 South, Suite 200, Salt Lake City

 **Phone:** (801) 238-2360

Hours: Monday–Friday, 8 am – 5 pm

 **Website:** <https://crimevictim.utah.gov>



Emergency Shelters

GERALDINE E. KING WOMEN'S RESOURCE CENTER

The Geraldine E. King Women's Resource Center provides emergency shelter to 200 homeless women in and around Salt Lake City each night. Beyond providing safe emergency shelter, this facility provides essential basic needs such as meals, clothing, hygiene items, a place for female clients to wash clothes and shower, and a welcoming environment for service animals.

 **Address:** 131 E 700 S, Salt Lake City, UT 84111

 **Phone:** (801) 893-6678

 **Website:** <https://www.voaut.org/get-help/adult-homeless-services>

More resources and information can be found on the Salt Lake City Homelessness page www.slc.gov/homelessness/resources/.

PAMELA ATKINSON MEN'S RESOURCE CENTER – THE ROAD HOME

Serves single adult men, trans men, and non-binary adults (ages 18+). Has resources on-site available to guests with an active bed reservation.

 **Address:** 3380 South 1000 West, South Salt Lake, UT 84119
(shuttle drops at this location daily)

 **Phone:** (801) 359-4142

 **UCA Bed Intake Line:** (801) 990-9999

 **Website:** <https://theroadhome.org/resourcecenter/south-salt-lake-mens-resource-center/>

(Emergency Shelters continued)

MIDVALE FAMILY RESOURCE CENTER – THE ROAD HOME

Serves families with children (anyone under 18) or anyone in their 3rd trimester. Provides on-site resources to guests with an active bed reservation. No pets allowed, only service animals (refer families with pets to Ruff Haven).

📍 **Address:** 529 West 9th Avenue, Midvale, UT 84047

📞 **Phone:** (801) 569-1201

🌐 **Website:** <https://theroadhome.org/resourcecenter/midvale-family-resource-center/>

RESCUE MISSION OF SALT LAKE

Serves adult men (ages 18+). Provides the following resources to shelter guests: hygiene, meals, clothing, food boxes, chapel services, and addiction recovery programs.

📍 **Address:** 463 South 400 West
Salt Lake City, UT 84101
(shuttle drops off to this location daily)

📞 **Phone:** (801) 355-1302

🌐 **Website:** <https://rescuesaltlake.org/>

YOUTH RESOURCE CENTER – VOLUNTEERS OF AMERICA, UTAH

Serves homeless and at-risk youth, ages 15-22. Operates as a day shelter from 8:30 am – 7:30 pm, and then as a 30-bed overnight shelter after 7:30 pm. Provides three hot meals a day, food pantry, showers, laundry, life-skill groups, housing, and employment case management, dental and medical care assistance, and on-site mental health services. Bed reservations are not required to receive services – all homeless and at-risk youth are invited to access services from 8:30 am – 7:30 pm.

📍 **Address:** 888 South 400 West,
Salt Lake City, UT 84101

📞 **Phone:** (801) 364-0744

🌐 **Website:** <https://www.voaut.org/get-help/youth-homeless-services>

LANTERN HOUSE (OGDEN)

Serves men, women, and families – pets welcome. Helps with housing, transportation, mental health, addiction recovery, employment, vital document assistance, basic need supplies, and three meals a day.

📍 **Address:** 269 West 33rd Street, Ogden, UT 84401

📞 **Phone:** (801) 621-5036

🌐 **Website:** <https://www.stannescenter.org/>





Healthcare and Wellness Services

211

Resource network connecting Utahns in need with local health and human services. Supported by Unite Ways of Utah, this vital service is free and confidential.

Phone: From a cell phone, dial 211 or (888) 826-9790.
Hours: Monday – Sunday, 8 a.m. – 6 p.m.

Chats and Texts are available Monday-Friday
from 8:00 AM to 5:00 PM

Website: <https://211utah.org/>

INTERMOUNTAIN CLINIC AT ROSE PARK ELEMENTARY

A Service of Intermountain Health Care providing service at Rose Park Elementary School by serving the children and families of the 84116 zip code area.

Address: 1105 West 1000 North
Salt Lake City, Utah 84116

Phone: Call for an appointment (801) 408-8626

Website: [https://rosepark.slcschools.org/
community/family-health-center](https://rosepark.slcschools.org/community/family-health-center)

INTERMOUNTAIN NORTH TEMPLE CLINIC

A low-income-based urgent care facility provides same-day healthcare services.

Address: 54 North 800 West,
Salt Lake City, Utah 84116
Hours: Monday – Saturday, 10 AM – 7 PM
Closed Sunday

Phone: (801) 408-8654

Website: [https://intermountainhealthcare.org/
about/who-we-are/community-health/school-and-
community-clinics/](https://intermountainhealthcare.org/about/who-we-are/community-health/school-and-community-clinics/)

NEIGHBORHOOD CLINIC

Address: 1388 Navajo Street (1340 West)
Salt Lake City, UT 84104

Medical Appointments: (801) 955-2360
Hours: Monday – Friday, 7:00 a.m. – 6:00 p.m. *
Closed 12:00 p.m. – 1:00 p.m.

Dental Appointments: (801) 955-2360

Hours: Monday – Friday, 7:00 a.m. – 6:00 p.m. *
Closed 12:00 p.m. – 1:00 p.m.

Accepted insurances

(Healthcare and Wellness Services continued)

CENTRAL CITY CLINIC

Provides men's and women's care, OB/GYN services, children's health care, senior care, and chronic disease care. Interpreters available, sliding scale cost.

 **Address:** 610 South 200 E Suite B
(east side of building) Salt Lake City, UT 84111

 **Phone:** (801) 539-8617

 **Website:** <https://chc-ut.org/central-city-clinic/>

ROSE PARK PRIMARY CARE CLINIC

Medical school faculty and students deliver primary care at the clinic. It includes:

- Regular health exams and screenings.
- Care for symptoms like stomach pain, muscle or joint pain, breathing issues, and others.
- Care after a hospital stay.
- Care for chronic conditions, such as diabetes.
- Referrals for any other care you need at the University of Utah Health.
- An on-site food and clothing pantry is available

 **Address:** 168 N 1950 W, Suite 201.
Salt Lake City, UT 84116

Hours: 9 AM - 5 PM | Monday - Friday

 **Phone:** (801) 646-6399

 **Website:** <https://healthcare.utah.edu/locations/population-health/rose-park>

SALT LAKE INSTACARE

Intermountain offers licensed professionals for non-life-threatening urgent care, no appointment necessary. Urgent care facilities include laboratory services, X-rays, and treatment rooms. Treatment for allergic reactions to broken bones and infections. For anything more specialized, they'll connect you to specialists.

 **Address:** 389 South 900 East, Salt Lake City, UT

 **Phone:** (385) 282-2400

 **Website:** <https://intermountainhealthcare.org/services/urgent-care?locationType=Hospital&sort=distance>

SALT LAKE COUNTY DEPARTMENT OF HEALTH

The Salt Lake County Health Department offers required and recommended immunizations for children, adolescents, and adults.

Make an Immunization Appointment

 **Phone:** (385) 468-7468 or (385) 468-SHOT
Hours: Monday through Fri, 8:00 AM - 5:00 PM
Same-day appointments are often available.

 **Address:** *Immunization Clinic Locations*

MALIHEH FREE CLINIC

Services provided include same-day appointments for urgent medical conditions,

- Adult Family Medicine, Pediatric Care, and Assistance in Obtaining Medications
- Adult and Childhood Immunizations, On-Site Laboratory offering a full range of lab tests
- X-ray, Ultrasound, and Screening Mammograms, Women's Health, Diabetes Specialty Clinic
- Healthy Living Classes.

 **Phone:** (801) 266-3700

 **Email:** intake@malihehfreeclinic.org

Medication assistance:

 **Phone:** (801) 266-3700 Ext 111

 **Email:** medicationassistance@malihehfreeclinic.org

SACRED CIRCLE HEALTHCARE

 **Address:** 660 S. 200 E. Ste. 250, SLC, UT. 84111
Hours: Mon - Fri: 8:00 AM - 6:00PM.

 **Phone:** (801) 359-2256.

Accepts Medicaid and Medicare

UAF LEGACY HEALTH CLINIC

Provides expert clinical care to the LGBTQ+ and HIV community.

 **Address:** 150 S 1000 E Salt Lake City, Utah 84102
Hours: Monday through Friday, 9 am - 5 pm.
Closed Saturdays and Sundays

 **Phone:** (801) 823-1988

 **Website:** <https://uafhealth.org/>

(Healthcare and Wellness Services continued)

PROJECT EMBRACE

Provides necessary medical resources to rural, marginalized, and low-income communities through the Mountain West and abroad.

📍 **Address:** 6268 W 82335 S West Jordan UT

📞 **Phone:** (385) 351-9101

🌐 **Website:** <https://www.projectembrace.org/>

More health resources information on the Utah Immigrant Advocacy Coalition website <https://www.u-iac.com/health#saltlake>

ABILITY FOUND

Provides mobility and other adaptive equipment to people in need at low cost or in some cases, no cost.

📍 **Address:** 2324 S Constitutional Blvd, West Valley City, UT 84119

📞 **Phone:** (801) 505-0529

✉ **Email:** Karena@abilityfound.org

🌐 **Website:** <https://abilityfound.org/>



Reproductive Health Resources

PLANNED PARENTHOOD SALT LAKE HEALTH CENTER

Provides low-cost, income-based pricing if the patient is not insured. Services offered range from Birth Control, Pregnancy Testing & Planning, Sexual and Reproductive Concerns, Wellness and Preventative Care, STD Testing & Treatment, and Emergency Contraceptives.

📍 **Address:** 654 South 900 East

📞 **Phone:** (801) 322-5571

🌐 **Website:** <https://www.plannedparenthood.org/health-center/utah/salt-lake-city/84102/salt-lake-health-center-3567-91730>

PREGNANCY RESOURCE CENTER OF SALT LAKE CITY

Provides free services to expecting families that include pregnancy verification, limited obstetrical ultrasounds, appropriate medical referrals, sexual health Information including STIs & STDs, and parenting classes.

📍 **Address:** 644 S 900 E SLC UT 84102

📞 **Phone:** (801) 363-5433

🌐 **Website:** <https://www.pregnancyresource.net/salt-lake-city-clinic>



MATERNAL RESOURCE GUIDE

This is a guide to free and low-cost resources across Utah.

🌐 **Website:** <https://mihp.utah.gov/maternal-resource-guide-utah>

(Reproductive Health Resources continued)

BABY YOUR BABY

Temporary Medicaid coverage for low-income, pregnant women who qualify.

 **Phone:** (800) 826-9662

 **Website:** BabyYourBaby.org

SALT LAKE COUNTY NURSE-FAMILY PARTNERSHIP

Free program for eligible women who are pregnant with their first baby.

 **Phone:** 385-468-3955

 **Website:** <https://www.saltlakecounty.gov/health/home-visiting/nurse/>

SALT LAKE PUBLIC HEALTH CENTER STD CLINIC

 **Address:** 610 South 200 East, 2nd Floor
Salt Lake City, Utah

 **Phone:** (385) 468-4242

 **Website:** <https://www.saltlakecounty.gov/health/std-clinic/>

UAF LEGACY HEALTH

Free HIV testing and low-cost syphilis, chlamydia, and gonorrhea testing.

 **Address:** 150 South 1000 East
Salt Lake City, Utah 84102

 **Phone:** (801) 823-1988

 **Website:** UAFHealth.org

SOUTH MAIN CLINIC, UNIVERSITY OF UTAH HEALTH

The South Main Clinic offers primary care services to women, men, and children during all stages of life. South Main also has an obstetrics/gynecology clinic and a Teen Mother and Child Program to help promote health during pregnancy. Spanish interpreters are available.

 **Address:** 3690 South Main St, SLC UT 84115

 **Phone:** (801) 587-2525

 **Website:** <https://healthcare.utah.edu/locations/south-main-clinic>



Dental Care Resources

SALT LAKE DONATED DENTAL SERVICES

SLDDS provides a Discounted Dental Program with income-based pricing. Dental Services provided Oral Surgery, Preventative and periodontal maintenance, Restorative Care (fillings, crowns, bridges), extensive dentures and partial gum, and pediatric care.

 **Address:** 1383 South 900 West, Suite 128,
Salt Lake City, UT 84104

 **Phone:** (801) 972-2747

 **Email:** treatment@donateddental.org

 **Website:** <https://donateddental.org>

DENTAL HYGIENE CLINIC SLCC

Dental Care, preventative and periodontal maintenance.

The SLCC Dental Hygiene Clinic does not provide emergency/general dentistry procedures such as root canals, fillings, tooth extractions, implants, dentures, etc. Dentist referrals available.

 **Address:** 3491 West Wight's Fort Rd.
(9000 South and Bangerter Hwy) High Tech
Learning Center, Room 173

 **Phone:** For Clinic Information and
appointments: (801) 957-6001

 **Website:** <https://www.slcc.edu/dentalhygiene/>

UNIVERSITY OF UTAH DENTAL CLINIC

Visit the website for a full list of services, locations, and costs.

 **Address:** 168 N 1950 W, Suite 202,
Salt Lake City, UT 84116

Hours: Monday-Friday: 8 AM - 5 PM

 **Phone:** 801-587-6453

 **Website:** <https://healthcare.utah.edu/dentistry>

(Dental Care Resources continued)

LIBERTY COMMUNITY CENTER LEARNING DENTAL CLINIC

📍 **Address:** 1078 S 300 E, Salt Lake City, UT 84111

📞 **Phone:** (801) 587-6453

🌐 **Website:** <https://healthcare.utah.edu/locations/liberty-community-center-dental-clinic>



Eye Care

EYECARE 4 KIDS

Professional eye care for low-income, visually impaired children and underserved families. Services include eye exams, contact lenses, frames, and lenses.

📍 **Address:** 6911 State Street, Midvale, UT 84047

📞 **Phone:** (801) 255-8525

✉️ **Email:** info@eyecare4kids.com

🌐 **Website:** <https://eyecare4kids.org/>

FRIENDS OF SIGHT

Free Vision Screenings

📍 **Address:** 6715 S 1300 E Cottonwood Heights, UR 84121

📞 **Phone:** (801) 524-2020

🌐 **Website:** <https://friendsforsight.org/>

MORGAN EYE CENTER OPTOMETRY & VISION SERVICES AT REDWOOD HEALTH CENTER, ER

University of Utah Health In-network with Medicaid, providing optometry, comprehensive/routine eye exams, contact lenses, eyeglass prescriptions, eyeglasses, and frames.

📍 **Address:** 1525 2100 S, Salt Lake City, UT 84119

📞 **Phone:** (801) 213-9940

🌐 **Website:** <https://healthcare.utah.edu/locations/redwood-salt-lake-city/moran-eye-center>

MOBILE MEDICAL CLINIC

Utah Partners for Health

📞 **Phone:** (801) 998-2410

🌐 **Website:** UPFH.org

SACRED CIRCLE HEALTHCARE

📍 **Address:** 660 South 200 East, Ste #250
Salt Lake City, Utah 84111

📞 **Phone:** (801) 359-2256

🌐 **Website:** SacredCircle.com



Employment

DEPARTMENT OF WORKFORCE SERVICES

Providing services in Workforce Development, Unemployment insurance, Medicaid, and SNAP.

 **Address:** 150 North 1950 West, Salt Lake City, Utah 84116

 **Phone:** (801) 238-4560

 **Website:** <https://jobs.utah.gov/>

SALT LAKE CITY HUMAN RESOURCES

Salt Lake City is one of the nation's best places to live, work, and play. Maintaining that reputation as well as implementing new progressive solutions for sustainable

growth means that we need the best people working here. We're looking for civic-minded individuals who want meaningful work that will directly impact the city that we all love. Come join us!

 **Website:** <https://www.slc.gov/hr/home/job-center/>

DIVISION OF PROFESSIONAL LICENSING

 **Website:** <https://dopl.utah.gov/>

UTAH LABOR COMMISSION

 **Website:** <https://laborcommission.utah.gov/laws-regulations/uald-laws-regulations/>



Adult Education and Skill Building

HORIZONTE INSTRUCTION AND TRAINING CENTER

Providing Adult ESL Classes, GED

Address: 1234 South Main Street
Salt Lake City, Utah 84101

Phone: (801) 578-8574

Website: <https://horizonte.slcschools.org/adults>

SLCC WORKFORCE TRAINING & EDUCATION

Offers a wide range of programs designed to lead to entry-level employment, upskill you in your current role, and assist you in renewing your licenses. They offer various funding sources and financial aid.

Address: 4600 S Redwood Road

(SLCC Workforce Training & Education continued)

Phone: (801) 957-7522

Hours: Monday-Thursday, 8 am-7 pm;
Friday 8 am-4:30 pm

Website: <http://www.slcc.edu/workforce-training/>



GUADALUPE SCHOOL

Providing Adult students with free English Learning classes. Participants must be 17 years or older. Child Care and Transportation are provided if needed.

Address: 1234 South Main Street
Salt Lake City, Utah 84101

Phone: (801) 531-6100 (ext.202)

Website: <https://guadschool.org/program/english-classes/>

ASIAN ASSOCIATION OF UTAH

Providing Adult students free English Learning classes, LifeSkills career focuses on career readiness, financial literacy, and social/emotional health.

Address: 155 South 300 West Suite 101
Salt Lake City, UT, 84101

Phone: (801) 487-6060

Website: <https://aau-slc.org/what-we-do/refugee-services/refugee-resettlement.html>

CATHOLIC COMMUNITY SERVICES OF UTAH

Providing Adult students free English Learning classes, job readiness, digital literacy, and cultural orientation courses.

Address: 224 N 2200 W Salt Lake City, Utah 84116

Phone: (801) 977-9119

Website: <https://ccsutah.org/programs>

COLUMBUS ADULT EDUCATION CENTER

Providing Adult students free English Learning classes, piano classes, citizenship classes, career help, sewing classes, and citizenship classes.

Address: 1860 S 300 E Salt Lake City, UT 84115

Phone: (801) 559-7533

Website: <https://columbusaec.org/>

(Adult Education and Skill Building continued)

ENGLISH SKILLS LEARNING CENTER

Free education center helping adult non-English speakers with ESL courses, job readiness, and tutoring.

📍 **Address:** 650 East 4500 South

📞 **Phone:** (801) 328-5608

🌐 **Website:** <https://www.eslcenter.org/>

FAIRPARK FAMILY LEARNING CENTER YOUTH AND FAMILY

Providing health care workshops, childcare, and financial workshops. Interpreters are available for languages that can be provided if the agency is contacted before the workshop.

📍 **Address:** 1300 W 300 N, Salt Lake City, UT 84116

📞 **Phone:** (385) 468-1333

🌐 **Website:** <https://www.slc.gov/youthandfamily/fairpark-family-learning-center-2/>

UNIVERSITY NEIGHBORHOOD PARTNERS

Partners at Hartland offer a range of educational opportunities for adults in areas such as English language learning (ELL), writing, citizenship, and more. All classes are free of charge and open to all interested residents.

📍 **Address:** 1578 W 1700 S, SLC

📞 **Phone:** (801) 213-8550

🌐 **Website:** <https://partners.utah.edu/partnership-areas/education-pathways/>

NEIGHBORWORKS SALT LAKE

NeighborWorks Salt Lake works in partnership with residents, government, and businesses to create neighborhoods of choice by providing opportunities for housing, resident and youth leadership, financial education, and economic development.

📍 **Address:** Salt Lake Office, 622 West 500 North Salt Lake City, UT 84116

📞 **Phone:** (801) 539-1590

🌐 **Website:** <https://www.nwsaltlake.org/>



Entrepreneurial Services

SALT LAKE CITY DEPARTMENT OF ECONOMIC DEVELOPMENT

The Salt Lake City Department of Business Development is your trusted partner for starting, growing, or expanding your business.

🌐 **Website:** <https://www.slc.gov/ed/business-development/>

THE SPICE KITCHEN INCUBATOR

Provides start-up and early-stage businesses to grow into healthy, viable companies. Spice Kitchen incubator ensures participants have affordable access to commercial kitchen space where they can learn commercial kitchen operations, proper food handling procedures, and the necessary steps to continue building their businesses.

📍 **Address:** 751 W 800 S, Salt Lake City, UT 84104

📞 **Phone:** (385) 228-4484

🌐 **Website:** <https://spicekitchenincubator.org/apply>

(Entrepreneurial Services continued)

SQUARE KITCHEN CULINARY INCUBATOR KITCHEN

Square Kitchen was created to provide affordable commercial cooking space and foster food business opportunities for all food entrepreneurs.

 **Address:** 751 W 800 S, Salt Lake City, UT 84104

 **Email:** <https://www.squarekitchenslc.com/contact>

 **Website:** <https://www.squarekitchenslc.com/>

GET A FOOD HANDLER CARD

Food handler cards are awarded after attending a food handler training class approved by the Utah Department of Health and Human Services.

 **Website:** <https://www.saltlakecounty.gov/health/food-protection/food-workers/food-handlers/>

WOMAN'S BUSINESS CENTER OF UTAH, BUSINESS ADVISING

Accessing capital, writing a business plan, understanding legal and foundational issues, structuring your organization, managing and marketing your business.

 **Address:** One Utah Center, 201 S Main Street #2300 Salt Lake City, UT 84111

 **Phone:** (801) 328-5066

 **Website:** <https://wbcutah.org/>

SUAZO BUSINESS CENTER

Suazo Business Center is a business resource committed to the development and empowerment of the economically disadvantaged. We provide assistance to help these existing and potential entrepreneurs succeed and build wealth.

 **Address:** 960 W 1700 S, Salt Lake City, UT 84104

 **Phone:** (801) 521-1709

 **Email:** getintouch@suazocenter.org

 **Website:** <https://suazocenter.org/>



Food Assistance and Social Services

FOOD ASSISTANCE //

UTAH FOOD BANK SLC SLC LOCATIONS:

New Hope Pantry

 **Address:** 1102 West 400 North
Salt Lake City, Utah

 **Phone:** (801) 930-0675

The Salvation Army Family Services SLC

 **Address:** 438 S 900 W Salt Lake City Utah 84104

 **Phone:** (801) 988-4204

Cathedral Church of St. Mark-Hildegard's Pantry

 **Address:** 231 E 100 S, Salt Lake City, Utah 84111

 **Phone:** (801) 328-2303

Crossroads Urban Center

 **Address:** 347 S 400 E Salt Lake City Ut 84111

 **Phone:** (801) 364-7765

St. Paul's Episcopal Church Food Pantry

 **Address:** 261 South 900 E
Salt Lake City, UT 84102

 **Phone:** (801) 322-5869

Ebenezer Food Pantry

 **Address:** 820 South 300 East
Salt Lake City, UT 84111

 **Phone:** (801) 355-8826

(Food Assistance and Social Services continued)

Crossroads- Westside Food Pantry

📍 **Address:** 1358 West Indiana Avenue
Salt Lake City, UT

📞 **Phone:** (801) 935-4079

Salt Lake City Mission Pantry

📍 **Address:** 1151 S Redwood Road #106
Salt Lake City, UT 84104

The Concern Center

📍 **Address:** 1235 California Avenue
Salt Lake City 84104

📞 **Phone:** (801) 972-5708

Somalia Community/SMA

📍 **Address:** 1578 W 1700 S Salt Lake City 84104

📞 **Phone:** (801) 864-2483

🌐 **Website:**

ST. VINCENT DE PAUL DINING HALL

The Dining Hall serves two meals from the center daily.

📍 **Address:** 437 W 200 S Salt Lake City, UT 84101
Hours: Monday – Friday, Lunch 11:30 AM – 12:30 PM, Dinner 5:00 PM–6:00 PM
Saturday Brunch 10:00 AM–11:00 AM,
Dinner 5:00 PM–6:00 PM
Sunday No Lunch, Dinner 5:00 PM–6:00 PM

📞 **Phone:** (801) 363-7710

🌐 **Website:** <https://www.ccsutah.org/programs/st-vincent-de-paul-dining-hall>

MEALS ON WHEELS & PETS PLUS AGING & ADULT SERVICES:

Meals on Wheels delivers midday meals for eligible senior adults. Delivery can include meals for pets for eligible senior pet owners.

📍 **Address:** 2001 South State Street, Ste S1-600
Salt Lake City, Utah 84114
Hours: Monday – Friday 8 AM–5 PM

📞 **Phone:** (385) 468-3200

🌐 **Website:** <https://slco.org/aging-adult-services/services/meals-on-wheels/>

SNAP (FOOD STAMPS) SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

📍 **Address:** Utah Department of Workforce Services
720 S 200 E Salt Lake City, Utah 84111

📞 **Phone:** (801) 526-0950

🌐 **Website:** <https://jobs.utah.gov/customereducation/services/foodstamps/>

THE UTAH WOMEN, INFANTS, AND CHILDREN PROGRAM

📍 **Address:** Salt Lake City WIC 610 S 200 E

📞 **Phone:** (385) 468-3660

🌐 **Website:** <https://wic.utah.gov/about/apply/>

RESCUE MISSION OF SALT LAKE MEN'S CENTER

Services provided for the unsheltered community: Shelter, Hygiene, Meals, Clothing, Family Food Boxes, Chapel Services, Donation Drop-Off, and Addiction Recovery.

📍 **Address:** 463 S 400 W Salt Lake City, Utah 84101

📞 **Phone:** (801) 355-1302

🌐 **Website:** <https://rescuesaltlake.org/>





(Food Assistance and Social Services continued)

RESCUE MISSION OF SALT LAKE WOMEN'S CENTER

Services provided for women and children: Shelter, Hygiene, Meals, Clothing, Family Food Boxes, Chapel Services, Donation drop-off and ff, and Addiction Recovery.

 **Address:** 1165 S State Street
Salt Lake City Utah 84111

 **Phone:** (801) 521-5925

 **Website:** <https://rescuesaltlake.org/rescue-mission-womens-center/>

SALVATION ARMY SOCIAL SERVICE ASSISTANCE

 **Website:** https://saltlakecity.salvationarmy.org/salt_lake_city_corps/overcome-poverty/

CLOTHING RESOURCES //

SALT LAKE CITY MISSION FOOD PANTRY & CLOTHING ROOM

 **Phone:** (801) 355-6310

 **Email:** info@saltlakecitymission.org

 **Website:** <https://saltlakecitymission.org/services/program-services/food-pantry-clothing-room/>

FIRST PRESBYTERIAN CHURCH PAMELA'S CLOSET

Collect and distribute clothes and hygiene supplies for those experiencing homelessness in downtown SLC. Additionally, the closet collects clothes and diapers for children and families.

 **Phone:** (801) 363-3889

 **Website:** <https://www.fpcslc.org/local-mission>

WOMEN HELPING WOMEN

Junior League of Salt Lake City, Free Boutique for women in need of clothes.

 **Address:** 526 E 300 S, Salt Lake City, Utah 84102

 **Website:** <https://www.jlslc.org/whw/>

MOTHER'S & BABY RESOURCES

St. Martha's Baby Project Salt Lake City,

The St. Martha Baby Project SLC comes alongside new mothers experiencing income insecurity by providing newborn layettes containing all the essentials a newborn may need.

 **Address:** 437 W 200 S Salt Lake City 84101

 **Phone:** (801) 428-1351

 **Email:** cschriever@ccsutah.org

 **Website:** <https://www.ccsutah.org/programs/st-marthas-baby-project-salt-lake-city>

Salt Lake City School District Refugee/Newcomer Resources



**SALT LAKE CITY
SCHOOL DISTRICT**
Your Best Choice

District Refugee Services Office

**ALS/World Languages/Refugee Services
Coordinator**

Monty Eyink

Office: 801-578-8241

Monty.Eyink@slcschools.org

Refugee Services Specialist

Kristen Schau

Office: 801-578-8453

Mobile: 801-232-4822

Kristen.Schau@slcschools.org

Refugee Services Specialist

Andre Kayisabe

Office: 801-578-8454

Mobile: 801-201-6884

Andre.Rusagara@slcschools.org

Coordinates support for refugee and newcomer students and their families through the local school systems, refugee agencies and community resources.



District Translation Services

Translator Coordinator

Bob Muench

Office: 801-578-8378

Bob.Muench@slcschools.org

Federal Law mandates translation and interpretation services are made available for English Language Learning students and families.

Request in-person interpretation for enrollment and formal meetings with school officials. Phone interpreters are available for short conversation interpretation.

Contact Bob directly or Refugee Services Specialists to coordinate access to services.

Proprio Phone Interpretation

Phone: 385-469-2197

For Access: Provide Employee ID Number



Family Support/CLCs

School District Resource Centers housed in/near elementary schools. Low cost health, dental and eye care provided at select locations. Additional supports include but not limited to Adult English Language Education, benefit enrollment assistance, and community resource connections.

Glendale-Mountain View CLC

1388 South Navajo Street, SLC, 84104

Coordinator - Kerri Taddie

Office: 801-974-1902

Neighborhood Health Clinic

Appointments: 801-955-2360

Family Dental Care

Appointments: 385-355-2644

Friends for Sight Vision Clinic

Contact school counselor for referral

Adult appointments: 801-524-2020

Emergency Food Pantry

By Appointment: 801-974-1902



Salt Lake Education Foundation

Director - SLEF

James Yapias

Office: 801-578-8268

James.Yapias@slcschools.org

Development Officer

Liz Young

Office: 801-578-8212

Liz.Young@slcschools.org

Center for student and family supports.

Download SLEF App - a school connection site for school news, events, resources and more. App translation available in 43 languages following account creation.



McKinney-Vento SLCSD

Supports for students in transition of their living situation or housing.

McKinney-Vento Liason

Becky Baskett

Office: 385-518-4818

Becky.Baskett@slcschools.org

McKinney-Vento Liason

Mike Harman

Office: 801-243-8351

Mike.Harman@slcschools.org

McKinney-Vento Advocate

Stephanie Garahana

Office: 801-201-9953

Stephanie.Garahana@slcschools.org

McKinney-Vento Advocate

Alondra Moreno Saucedo

Office: 385-290-8813

Alondra.Moreno-Saucedo@slcschools.org

Liberty Elementary CLC

1078 South 300 East SLC, 84111

Coordinator - Victoria Palauni

Office: 801-578-8588

**Intermountain Health Pamela Atkinson
Clinic**

Appointments: 801-408-3591

University of Utah Dental Clinic at Liberty

Appointments: 801-587-1383

Friends for Sight Vision Clinic

Contact school counselor for referral

Adult Appointments: 801-524-2020

Emergency Food Pantry:

By Appointment: 801-578-8588

Rose Park CLC

1105 West 1000 North, SLC 84116

Coordinator - Angelica Ramos

Office: 801-578-8554

Intermountain Health Family Health Center
Appointments: 801-408-8626

Rose Park Montessori Program

Contact CLC Coordinator for more info

Emergency Food Pantry:

By Appointment: 801-578-8554



Youth Resources

VOLUNTEERS OF AMERICA,

Utah – Youth resource center, homeless services, emergency Shelter

 **Address:** 888 S 400 W

 **Phone:** (801) 364-0744

 **Website:** <https://www.voaut.org/get-help/youth-homeless-services>

CENTRO DE LA FAMILIA HEAD START

Centro's Head Start programs work to close the school readiness gap and prepare children for success in kindergarten and beyond. To accomplish this goal, Centro offers services ranging from a Full-day center for children 6 weeks to 5-year-olds, bilingual English/Spanish classrooms, meals served every day, and Transportation services are available.

 **Phone:** (801) 521-4473

 **Email:** info@cldf.org

 **Website:** <https://cldf.org/our-programs/head-start>

YOUTH CITY PROGRAMS

Provides positive youth development in Salt Lake City, by providing out-of-school opportunities for social, emotional, skills, character, and character development in an inclusive environment. Afterschool program for students K-12.

 **Phone:** (385) 468-1555

 **Website:** <https://www.slc.gov/youthandfamily/>

SORENSEN UNITY CENTER

Art Gallery, Cultural Center, Boxing Gym, Computer Center, Community Programs

 **Address:** 1383 S 900 W

 **Phone:** (801) 535-6533

 **Website:** <https://www.slc.gov/youthandfamily/sorensoncommunitycampus/>

NORTHWEST COMMUNITY CENTER

Pool, Youth Educational Programs, Childcare, Gym

 **Address:** 1300 W 300 N

 **Phone:** (385) 468-1305

 **Website:** <https://slco.org/parks-recreation/facilities-and-golf/Recreation-Centers/Northwest-Community/>

SALT LAKE COUNTY DIVISION OF YOUTH SERVICES

 **Address:** 177 West Price Avenue (3610 South) Salt Lake City, Utah 84115

 **Phone:** (385) 468-4500

 **Website:** <https://www.slco.org/youth>

ACTIVITIES GRANTS – REACH 360

Providing private microgrants for children in foster care that help pay for recreation activities such as soccer, dance, music lessons, etc. Application must be made through the website.

 **Email:** <https://reach360utah.org/contact-us-2/>

 **Website:** <https://reach360utah.org/activity-grants/>

REFUGEE SOCCER

Providing free soccer lessons and equipment for boys and girls. Applications must be completed online.

 **Website:** <https://refugeesoccer.org/>

ASIAN ASSOCIATION OF UTAH

Providing after-school programs, individual therapy, and parent programs. People ages 10+

 **Address:** 155 S 300 W, Salt Lake City, Utah 84101

 **Phone:** (801) 467-6060

 **Website:** <https://aau-slc.org/what-we-do/refugee-services/afterschool-programming.html>

(Youth Resources continued)

BOYS & GIRLS CLUB HQ

Providing after-school programs, sports activities, and childcare for people ages 3-12

 **Address:** 179 E 5065 S Murray, UT 84107

 **Phone:** (801) 261-6180

 **Website:** [https://www.gslclubs.org/#googtrans\(en|en\)](https://www.gslclubs.org/#googtrans(en|en))

NEIGHBORHOOD HOUSE

Providing programming for grades K-12, programs include Girls Who Code, Cooking Classes, Art, Tutoring, STEM, and Sports.

 **Address:** 1050 W 500 S, Salt Lake City, UT 84104

 **Phone:** (801) 363-4589

 **Website:** <https://www.nhutah.org/i-want-to-enroll-my-child>

NEW ROOTS YOUTH PROGRAM IRC

Provides youth leadership program centered on agriculture and food justice, gardening, cooking, farmers market, and livestock rearing. Youth are paid \$450 for attending all spring, summer, and fall sessions, plus \$50 for good attendance.

 **Website:** <https://newrootsslc.org/youth-program>

ROSE PARK NEIGHBORHOOD CENTER

Provide programs that support families and improve the educational outcomes of students living in Salt Lake City's westside neighborhoods. Programs include summer youth English language learning, college prep and scholarships, parent engagement classes, and other immigrant resources.

 **Address:** 754 North 800 West
Salt Lake City, UT 84116

Hours: Monday-Thursday- 10 a.m.-5 p.m.

 **Website:** <https://gsfutah.org/youth/>

ONE REFUGEE

Champion students of refugee backgrounds by helping them obtain post-secondary education and skills to prepare for a professional life.

 **Website:** <https://www.onerefugee.org/>

REFUGEE SERVICES OFFICE

Providing clients with a youth coordinator to help navigate youth programs and educational services. The Refugee Services Office offers youth programs on a rotational basis.

 **Address:** 150 N 1950 W, Salt Lake City, UT 84116

 **Phone:** (801) 618-5096

 **Website:** <https://jobs.utah.gov/refugee/resources/youth.html>

SALT LAKE CITY FIRE DEPARTMENT YOUTH CAMPS SLC FIRE CADET POST CAMP ATHENA AND CAMP PROMETHEUS

 **Website:** <https://fire.slc.gov/youth-programs/>

PROMISING YOUTH PROJECT

The Promising Youth Project is aimed at fostering a collaborative, community-based approach to violence, crime, and gang reduction. The project is unique to Salt Lake City and operates within the Salt Lake City School District as a school-based program.

 **Phone:** (385) 312-3104

 **Website:** <https://police.slc.gov/community-engagement/pyp/>

SPYHOP

A digital media arts center offering after-school, in-school, summer camps, and youth-in-care programs for students from ages 9-19 of all skill levels and aspirations in film, music, audio, and design.

 **Address:** 208 West Harvey Milk Blvd. SLC, UT 84101

 **Email:** info@spyhop.org

 **Website:** <https://spyhop.org/>

YOUTHWORKS

YouthWorks is a community-based program that assists youth ages 14-18 in a pre-employment training and life skills building environment. The youth have a wide array of experiences in which to practice the skills they learn – including drug and alcohol prevention to healthy family life styles, resume writing, and community service.

 **Website:** <https://www.nwsaltlake.org/youthworks>



Transportation

PUBLIC TRANSPORTATION //

Salt Lake City has a public transportation system that helps you get around. The **Utah Transit Authority (UTA)** runs buses and trains (called **TRAX**) in the city. You can use **TRAX** to travel quickly, and buses go to more places.

You can pay for a ride with cash, a smart card, or a **UTA pass**. Many bus stops and train stations have signs in different languages. You can also use a free **UTA app** to help you find your way. Public transportation is a great way to go to work, school, or shopping in Salt Lake City.

You can find all the information you need about public transportation in Salt Lake City on the Utah Transit Authority (UTA) website at <https://www.rideuta.com/>. It has details about routes, schedules, prices, and how to pay for your ride.

USE A HIVE PASS

The Hive Pass is a discounted UTA transit pass available to all Salt Lake City residents to make transit more affordable and accessible. Your home address must be within Salt Lake City boundaries (<https://www.slc.gov/transportation/wp-content/uploads/sites/11/2023/10/Map-for-website.png>) to be eligible for a Hive Pass.

The pass costs \$42.00 per month, a 75% discount from a regular monthly UTA pass. You may pre-purchase for an entire year for \$475. That's an additional \$29 discount!

You can use the Hive Pass on UTA local bus service, TRAX, the S-Line streetcar, UTA On Demand, and FrontRunner. Hive Passes also include a free one-year GREENbike membership!

Buy a Hive Transit Pass

 **Website:** <https://dotnet.slcgov.com/PublicUtilities/HivePurchase/>

DRIVER'S LICENSE AND CAR REGISTRATION //

If you are new to Utah and want to get a driver's license and register a car, here's how you can do it.

1. You need to visit the Utah Driver License Division (DLD) at <https://dld.utah.gov/>
 - To get a driver's license, you will need to bring proof of your identity, like a passport or green card, and take a driving test.
 - You will also need to pass a vision test and a written test about traffic rules.
2. To register a car, visit the Division of Motor Vehicles website at <https://dmv.utah.gov/register>
 - You will need to show the car's title and proof of insurance and pay a fee.

You can find more information and make an appointment on the DMV website at www.dmv.utah.gov.

About the written driving test:

The written knowledge test is offered in Utah's most spoken languages, other than English, to an applicant applying for an original or a renewal of a regular (Class D) driver's license or learner permit.

The languages recommended by the Division of Multicultural Affairs are:

- Arabic
- Swahili
- Dari
- Spanish
- Portuguese
- Mandarin
- Chinese
- Vietnamese
- Somali
- Tongan
- Ukraine
- Korean
- French
- Tagalog

(Driver's License and Car Registration continued)

Refugee/Asylee or Covered Humanitarian Parolee (limited-term Class D) applicants may utilize any translation the Driver License Division has available. Other limited-term applicants do not qualify for a translated written knowledge test.

Driving Privilege Card (DPC) applicants do not qualify for a translated written knowledge test.

BICYCLES //

Biking is a key part of how people move around Salt Lake City—and we're committed to making it better. The City's bicycle initiatives seek to improve safety, enhance quality of life, provide sustainable and healthy transportation choices, and improve air quality in our region.

The city has many bike lanes and trails that are safe for riders. You can use a **bike share program** called **GreenBike** to rent a bike if you don't have your own.

- To ride a bike, you should wear a helmet for safety and follow traffic rules, like stopping at red lights and using hand signals when turning.
- Be aware of cars and always bike on the right side of the road.
- You can also find maps and information about bike routes on the city's website or at local bike shops. Riding a bike is a healthy and affordable way to travel around Salt Lake City!

You can find all the information you need about bicycling in Salt Lake City at <https://www.slc.gov/transportation/bike/>.



Salt Lake City Services and Information



HOW TO GET CITY SERVICES

On the Phone: When you call a Salt Lake City department in your language, and someone answers, you can ask for an interpreter. Just say you need an interpreter and tell them which language you speak. The city staff uses a service called Language Line to help with this.

In Person: When you go to a city office, and you need to speak in a language other than English, tell the person at the front desk or in the office, "I need an interpreter." Each city department should have a card that says "I speak" followed by a list of different languages. You can simply point to the language you need on the card.

Commonly used city departments and how to reach them are listed below:

COMMUNITY OFFICE HOURS

Come talk to one of Mayor Mendenhall's Liaison team out in the community! Drop-ins welcome!

 **Website:** <https://www.slc.gov/mayor/community-office-hours/>

Good Neighbor Guide: https://www.slc.gov/mayor/wp-content/uploads/sites/51/2024/04/SLC_Good_Neighbor_Guide.pdf

SALT LAKE CITY MAYOR'S OFFICE

 **Phone:** (801) 535-7704

 **Email:**

 **Website:** <http://www.slc.gov/mayor>

COMMUNITY OUTREACH TEAM

For additional assistance, connect with your Mayor's Office Community Liaison.

 **Phone:** (801) 535-7704

 **Email:** CommunityOutreach@slc.gov

 **Website:** <http://www.slc.gov/mayor/home/community-outreach>

CITY COUNCIL OFFICE

 **Phone:** (801) 535-7600

 **Email:** Comments.Council@slc.gov

 **Website:** <http://www.slc.gov/council>

ACCESSIBILITY

Questions or complaints about accessibility in the city can be addressed by the city's The Americans with Disabilities Act (ADA) coordinator.

 **Phone:** (801) 535-7697 TTY: 711

 **Email:** ada@slc.gov

 **Website:** <https://www.slc.gov/access-belonging/salt-lake-city-accessibility/>

WATER/SEWER/STORM DRAINS

 **Phone:** (801) 483-6900

24-Hour Emergency Line: (801) 483-6700

 **Website:** <http://www.slc.gov/utilities>

WASTE & RECYCLING

The city's garbage service includes residential recycling (blue bin), yard waste (brown bin), and household waste (green bin). Glass recycling available for an extra fee. Bins may be placed on curb up to 24 hours before collection and must be on the curb by 7 am on day of collection. Find your collection day online.

 **Phone:** (801) 535-6999

 **Website:** <https://www.slc.gov/sustainability/waste-management/>

PARKING ENFORCEMENT

No parking for vehicles, boats, RVs, or trailers on the street for more than 48 hours without moving, no parking on lawns. Report an occupied vehicle online at myslc.gov

 **Phone:** (801) 535-6628

 **Website:** <http://www.slc.gov/mystreet/parking>

OUTDOOR BURNING

Open burning is not allowed in the city. Do not burn trash. Salt Lake County bans the use of fireplaces, wood-burning stoves, and outdoor bonfires on poor air-quality days, designated as No Burn Days.

 **Phone:** (833) 752-3473

 **Website:** <https://www.slco.org/health/air-quality/wood-burning>

SNOW REMOVAL

Residents and businesses are responsible for snow removal within 24 hours of a snowstorm. Report violations online or by phone.

 **Phone:** (801) 535-7225

 **Website:** <http://www.slc.gov/mystreet/home/snow-removal>

BUSINESS LICENSING

Apply for your SLC business license (includes home businesses, mobile businesses, and applicants of the Good Landlord Program). Report possible violations.

 **Phone:** (801) 535-6644

 **Email:** business.license@slcgov.com

 **Website:** www.slc.gov/finance/business-licensing

(Salt Lake City Services and Information continued)

PUBLIC LANDS DEPARTMENT (PARK)

Visit the website to reserve a pavilion for a picnic, an athletic field, space for a wedding, to request a permit, or to request a service.

 **Website:** <https://www.slc.gov/parks/services-requests/>

SALT LAKE CITY POLICE DEPARTMENT

 **Address:** 475 South 300 East, Salt Lake City

Mailing Address: P.O. Box 145497
Salt Lake City, Utah 84114

 **Phone:** Immediate Emergency Help: 911
Non-Emergency Police Number: (801) 799-3000
Emergency Management: (801) 799-3600

ONLINE POLICE REPORTING

File an online police report for the following issues: bike registry, credit/debit card, harassing phone call, hit and run, identity fraud, lost property, tax fraud, supplemental reports, theft, traffic accidents (no injuries), vandalism, vehicle burglary, vehicle strip.

 **Website:** <https://police.slc.gov/resources/online-report/>

SALT LAKE CITY FIRE DEPARTMENT

 **Address: Headquarters:** 475 S 300 E, Salt Lake City

 **Phone:** Non-emergency Phone: (801) 799-3473

 **Website:** <https://fire.slc.gov/>



Community Groups and Organizations

KNOW YOUR NEIGHBOR PROGRAM

Connecting local volunteers with refugees in Utah based on their specific needs.

 **Address:** 150 N 1950 West
Salt Lake City, UT 84116

 **Website:** <https://www.slc.gov/access-belonging/know-your-neighbor/>

ASIAN ASSOCIATION OF UTAH

Our community is a unique intersection of two groups: Asian Americans in Utah--representing our heritage community--and marginalized refugees, refugee youth, and human trafficking victims--representing the community we serve. We engage, equip, and empower victims of human trafficking, refugees, and refugee youth to improve, become self-sufficient, and thrive.

 **Address:** 155 South 300 West
Salt Lake City, UT 84101

 **Phone:** (801) 467-6060

 **Website:** <https://aau-slc.org/>

CATHOLIC COMMUNITY SERVICES

Since 1945, Catholic Community Services of Utah has been empowering people in need along the Wasatch Front to reach self-sufficiency. By giving strength to the vulnerable in our midst, CCS is able to lovingly serve and provide hope to those with the greatest need in our community, regardless of race, religion, or personal circumstance.

 **Address:** 224 North 2200 West
Salt Lake City, Utah 84116

 **Phone:** (801) 977-9119

 **Website:** <https://www.ccsutah.org/programs>

INTERNATIONAL RESCUE COMMITTEE

The International Rescue Committee provides opportunities for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants to thrive in America. Since opening its doors in 1994, the IRC in Salt Lake City has resettled over 13,000

(Community Groups and Organizations continued)

International Rescue Committee continued

refugees and provided life-changing services to thousands more in the Beehive State.

📍 **Address:** 1149 West 2240 South,
West Valley, UT 84119

📞 **Phone:** (801) 328-1091

✉️ **Email:** SaltLakeCity@Rescue.org

🌐 **Website:** <https://www.rescue.org/united-states/salt-lake-city-ut>

HOLY CROSS MINISTRIES

We respond to the underserved community's need for health and well-being. We share God-given resources, connect people to community services, and assist individuals and families towards independence and full participation in the community. We do this to fulfill the mission of Jesus Christ and in the spirit of the Sisters of the Holy Cross.

📞 **Phone:** (801) 261-3440

🌐 **Website:** <https://www.hcmutah.org/>

Contact Page: <https://www.hcmutah.org/contact/>

UTAH REFUGEE CONNECTION

A nonprofit with a mission statement to create meaningful connections between refugees, the community, and public and private organizations that support refugees in developing self-sufficient and fulfilling lives.

📞 **Phone:** For questions, call or text (801) 871-5903

🌐 **Website:** <https://serverefugees.org/>

THRIVE CENTER FOR SURVIVORS OF TORTURE

Formerly named Utah Health and Human Rights or UHHR, THRIVE's mission is to promote the health and well-being of the world's torture survivors.

📍 **Address:** 650 E. 4500 South, Suite 220,
Murray, Utah 84107

📞 **Phone:** (801) 363-4596

✉️ **Email:** info@uhhr.org

🌐 **Website:** <https://thrivesot.org/>



LIFTING HANDS INTERNATIONAL

Lifting Hands International Utah is a 501(c)(3) non-profit organization that collects, sorts, and ships critical humanitarian aid such as food, hygiene, baby, and school supplies to refugees in Jordan, Lebanon, Turkey, and Bangladesh. We also set up apartments for refugees as they arrive here to Utah. There are many ways you can help!! For more information, please visit our website, call, or email us.

📞 **Phone:** (801) 310-2890

✉️ **Email:** volunteerutah@lhi.org

🌐 **Website:** <http://www.liftinghandsinternational.org/>

WOMEN OF THE WORLD

Nonprofit empowering women from all nations to achieve independence, economic success, and a voice in the community.

📍 **Address:** 415 East 3900 South,
Salt Lake City, UT 84107

📞 **Phone:** (801) 953-0008

✉️ **Email:** info@womenofworld.org

🌐 **Website:** <https://www.womenofworld.org/>

UNIVERSITY NEIGHBORHOOD PARTNERS/ UNP HEARTLAND PARTNERSHIP CENTER

University Neighborhood Partners brings together the University and West Side people and resources in reciprocal learning, action, and benefit — a community coming together.

📍 **Address:** 1578 West 1700 South
Salt Lake City, UT 84104

📞 **Phone:** (801) 213-8550

🌐 **Website:** <https://www.partners.utah.edu/>

(Community Groups and Organizations continued)

COMUNIDAD MATERNA EN UTAH

A nonprofit resource for Hispanic mothers and their families who are expecting a baby.

 **Website:** <https://cmutah.org/contact/>

ROSE PARK NEIGHBORHOOD CENTER (RPNC)

The mission of RPNC is to provide programs that support families and improve the educational outcomes of students living in Salt Lake City's westside neighborhoods. Programs include English language learning, citizenship preparation, legal clinics, college scholarships, parent engagement classes, and other immigrant resources.

 **Address:** 754 N. 8th W. in Salt Lake City, Utah.

 **Phone:** (385) 301-8257

 **Website:** <https://gsfutah.org/>

CENTRO DE LA FAMILIA

Dedicated to promoting educational success for children and families and fostering healthy and engaged communities.

 **Address:** 525 South 300 West
Salt Lake City, UT 84101

 **Phone:** (801) 521-4473

 **Website:** <https://cdlf.org/our-programs>

ACLU UTAH

The ACLU of Utah operates through public education, legal action, and legislative and community advocacy to enhance and defend the civil rights and freedoms of everyone living in or visiting Utah. We are an inclusive, nonpartisan, statewide organization powered by our members, donors, and volunteers.

 **Website:** <https://www.acluutah.org/en/know-your-rights/what-do-when-interacting-ice>



Citizenship and Naturalization Resources

CITIZENSHIP RESOURCE CENTER USCIS SALT LAKE CITY FIELD OFFICE

To visit USCIS or speak with an Immigration Information Officer, you must have an appointment scheduled by USCIS <https://my.uscis.gov/en/appointment/v2>. You can also call USCIS toll-free at 1-800-375-5283 for automated information and live assistance concerning immigration services and benefits.

 **Address:** 660 S 200 E #400,
Salt Lake City, UT 84111

 **Phone:** (800) 375-5283

 **Website:** <https://www.uscis.gov/>

UTAH IMMIGRATION COLLABORATIVE

The Utah Immigration Collaborative (UIC) is a nonprofit organization network that provides immigrant legal services to community members in Utah. The goal of the UIC is to improve access to immigration legal assistance for individuals who are traditionally underrepresented in proceedings through legal representation, as well as improve access to other immigration legal services throughout the State of Utah.

 **Phone:** (801) 382-9027

 **Website:** <https://utahimmigration.wordpress.com/>
Contact Page: <https://utahimmigration.wordpress.com/#contact-1>

Refugee Services Providers



International Rescue Committee (IRC)

1149 W 2240 S, West Valley, UT 84119
Phone: 801-328-1091

Supports physical and education needs of refugee students and their families who are case managed by the IRC up to the first 2 years in the United States. Online tutoring is available. Student Internships are available year round.

IRC Youth Program Team
Phone: 385-501-9505

Education Supervisor
Saige Palsson
Saige.Palsson@rescue.org

Resettlement & Student Support
Tee Mu
Tee.Mu@rescue.org

College & Career Readiness
Jessica Hudson
Jessica.Hudson@rescue.org



**CATHOLIC
COMMUNITY
SERVICES**

Catholic Community Services (CCS)

224 North 2200 West, SLC, UT 84116
Phone: 801-428-1301

CCS provides essential services to new arrivals. The Refugee Youth Program assists new refugee families with children aged 4 to 18 by helping them with school enrollment, re-enrollment, and other educational matters. The CCS Youth Mentoring Program pairs mentors with youth aged 9 to 18 for a one-year commitment.

Youth Services Supervisor
Mitra Khazaei
Office: 801-428-1301
MKhazaei@ccsutah.org

Refugee Youth Services Coordinator
Saham Mohamed
Office: 801-428-1339
SMohamed@ccsutah.org

Refugee Youth Mentoring Coordinator
Natalie Peterson
Office: 801-428-1126
NPeterson@ccsutah.org



Asian Association of Utah (AAU)

155 South 300 West, St. 101, SLC, UT 84116
Phone: 801-467-6060

AAU provides general counseling services, refugee resettlement (eligibility based), housing assistance, ESL Classes, youth mentoring services, parenting skills classes, afterschool and summer school programs.

Youth Mentoring Coordinator
Kelsey Bair
Office: 801-990-9488
Kelsey.Bair@aau-slc.org

Youth Outreach & Mentor Specialist
MK Galli
Office: 801-990-9493
MK.Galli@aau-slc.org

Mental Health/Community Wellness
Megan Clark
Office: 801-990-2314
Megan.Clark@aau-slc.org



**WORKFORCE
SERVICES
REFUGEE SERVICES**

Utah Refugee Center Refugee Services Office (RSO)

150 North 1950 West, SLC, UT 84116

The Utah Refugee Center offers supports for refugee students/families who are not case managed by a refugee resettlement agency, having lived in the United States 2+ years.

Services include employment counseling, enrollment in DWS benefits (Medicaid, Chip, food stamps), housing and legal assistance, job fairs and training.

Contact district Refugee Services Specialists for referrals or contact the center directly at 801-618-5096.

Refugee Center Support Coordinator
Sabrina Mohamed
Office: 801-889-5664
SMohamed@utah.gov



Utah Refugee Connection & Sharehouse

3134 S. 300 E., South Salt Lake, UT 84115

Executive Director
Amy Dott Harmer
Office: 801-550-2233
AmyDott@utahrefugee.org

The Serve Refugees "Sharehouse" provides school supplies for any refugee in Utah. Referral forms completed by Refugee Services Specialists allow families to receive personal hygiene and home essential kits. The Sharehouse is open Monday, Wednesday, and Thursday from 10:00am-2:00pm.

Utah Refugee Connection hosts community events for refugees and cultural nights to teach Utah residents about refugee backgrounds.



**KNOW
YOUR
NEIGHBOR**

Know Your Neighbor

Know Your Neighbor connects local volunteers with refugees in Utah to assist with a variety of needs and create a welcoming and inclusive environments.

Volunteer connections can be made for children and adults for tutoring, language support, support navigating public transit and stores, and more.

KYN Program Manager
Kris Hansen
Office: 505-932-9864
Kristen.Hansen@slcgov.com

KYN Volunteer Coordinator
Phoenix Ostermann
Phoenix.Ostermann@slcgov.com

Afterschool/Summer Programming



SLCSD Community Education After-School Program (CEASP)

Location Varies
Phone: 801-578-8275

After-school programs take place in 32 schools throughout the Salt Lake School District.

Program begins at the end of the regular school day and ends at 6:00pm. Daily rotations include academics, recreation and enrichment.

Registration:

- Contact Program Specialists to determine space availability
- Apply for Fee Waiver or pay monthly tuition (based on school location and sliding scale)

Program Specialists:

Alivia.Avila@slcschools.org
Elisa.Bridge@slcschools.org
Tim.Perkins@slcschools.org



SLCSD Community Education Summer Programming

Location Varies
Phone: 801-974-8275

Free or low costs Summer Programming at all Title I schools and 3 middle schools. Fee based program for all non Title-I schools at Bonneville Elementary.

Program runs 4 days a week (Monday-Thursday) for 8 weeks during the summer. 2025 Summer Learning program runs from June 9 - July 17, 2025. Activities include art, education, and weekly field trips.

Registration:

- Contact Refugee Services Specialists for assistance with online application
- Apply for Fee Waiver or pay monthly tuition (based on school location and sliding scale)



UNP Hartland Partnership Center

1578 W 1700 S, SLC, UT 84104

Free afterschool and summer program for K-12 students at Hartland Partnership Center.

Program runs from 3-6:30pm. Transportation is not provided, but the location is walkable from Mountain View Elementary and Glendale Middle School.

Activities include homework help, outdoor adventures, mentoring & life skills, and more!

Registration:

Ongoing registration on-site

- Bring Photo ID & Proof of Address



YOUTH CITY

YouthCity

Location Varies
Phone: 801-535-7748

Youth City offers afterschool and summer programming for youth K-6th grade and teens 7-12th grade.

There are 7 youth city locations. A student's site will be determined based upon their elementary school. Transportation is provided from the school to the program.

Program runs from the end of the school day to 6:00pm. Space is limited. Cost is determined based on income.

Registration:

- Contact Refugee Services Specialists for assistance with online registration

YouthCity Program:

youthcity@slc.gov

YouthCity Teen Program:

youthcityteens@slc.gov



Promise South Salt Lake

Location Varies

Promise South Salt Lake offers free afterschool programs for youth and teens at Hser Ner Moo Community Center and Central Park Community Center.

Youth program runs from 3:30pm-6:30pm and Teen program from 3:00-6:00pm. Transportation is not provided but is within walking distance of Nibley Park School.

Central Park Community Center:

Sarah Gregory - Program Coordinator
Phone: 801-386-4949

Hser Ner Moo Community Center:

Grace Hagen - Program Coordinator
Phone: 801-828-7245

Registration:

- Contact program coordinators to determine space availability and registration



BOYS & GIRLS CLUBS
OF GREATER SALT LAKE

Boys & Girls Clubs of Greater Salt Lake

Location Varies
Phone: 801-322-4411

Boys & Girls Club offers afterschool and summer programs at three locations in Rose Park, Poplar Grove, and Sugar House neighborhoods. Transportation is provided from the school to the program.

Youth school year program runs Monday-Thursday from 2:30-6:30pm and 1:00-6:30pm on Fridays. Teen school year program runs from 2:00-6:30pm Monday-Friday. Summer programming for both groups is from 10:00am-6:30pm.

Registration:

- Contact Refugee Services Specialists for assistance with online registration
- Program cost is \$20 for school year and \$20 for summer program

Refugee Mentoring & Scholarships



One Refugee (1R)

101 S. 200 E. Suite #200, Salt Lake City, UT
Phone: 801-521-4781

Full-time in-state college students in Utah, from refugee backgrounds are eligible for mentoring and support from 1R.

The program includes academic mentoring, professional development, and financial assistance.

Students are coached on networking, resume and interview skills, and encouraged to complete an internship in their field of study.

Tuition assistance is available for up to \$2,500 per semester based on financial need. Students are eligible to receive a laptop. 1R pays citizenship fees and an internship stipend for students completing an unpaid internship.

Application:

- Application period is open from Jan 1-March 1st annually
- Apply online at:
<https://www.onerefugee.org/apply>



YouthLinc - Real Life

6084 S 900 E Suite 200
Phone: 801-467-4417 ext 705

YouthLinc offers afterschool programming in partnership with Promise South Salt Lake and the Asian Association of Utah.

Programming incorporates job readiness, financial literacy, language and communication development, STEM, and life skills.

High school seniors or college students of Refugee backgrounds currently or previously participating in Real Life programming are eligible to apply for the Real Life Scholarship. Awards range from \$2,000 - \$5,000 to be applied toward tuition fees.

Application:

- Application closes annually on March 1st
- Apply online at: www.youthlinc.org



High School College Prep Programs

SLCC - PACE Scholarship Program

SLCC's Partnership for Accessing College Education (PACE) provides mentorship, college-readiness skill building, and a six-semester scholarship guarantee to Salt Lake Community College.

The 4 year program is open to incoming 9th grade students who are first-generation college students or qualify for free/reduced lunch.

Trio - Upward Bound

TRIO's Upward Bound program serves students in grades 9-12. TRIO partners locally with University of Utah and SLCC

Students from low-income households and first gen college students are eligible to participate. Programming includes tutoring, workshops, and scholarship opportunities.

Application:

- Contact High School Guidance Counselor for application



Resettlement Youth Mentorship

Catholic Community Services - Refugee Youth Mentorship

CCS connects K-12 new arrivals with community mentors. Mentors focus on friendship and belonging as youth adjust to a new cultural environment.

Natalie Peterson - Mentoring Coordinator
Npeterson@ccsutah.org

Asian Association of Utah - Mentoring

AAU pairs youth 5-24 with paid professional mentors working with mentee to create and achieve actionable goals.

Kelsey Bair - Youth Mentoring Coordinator
Kelsey.Bair@aau-slc.org

International Rescue Committee - Success Coaching and Mentorship Program

IRC connects young adults (15-24) with mentors to provide tools and opportunities for adapting to live in Salt Lake City.

Jessica Hudson - College & Career Readiness Coordinator
Jessica.Hudson@rescue.org



Scholarships for Horizonte Graduates

4600 South Redwood Rd. Salt Lake City, UT
Contact: Scholarships@slcc.edu

Graduates of Horizonte Instruction & Training Center are eligible for the Horizonte Scholarship. This scholarship is accepted at Salt Lake Community College, Salt Lake Technical College, and Davis Technical College.

Students must have graduated since January 2020 from Horizonte High School, Horizonte Rose Park Youth-to-Adult Program or Adult High School.

The scholarship covers 75% of tuition, fees, books, and required supplies for one certificate program.

Application:

- Recommendation letter from Advisor or Counselor is required
- Contact Horizonte administrator Kimball Young to apply
kimball.young@gmail.com



Statewide Scholarships

Utah Promise Grant

Utah Promise Grant offers need-based funding to Utah High School graduates attending qualifying Utah colleges.

Students must have submitted an application for FAFSA, be Pell Grant Eligible and enter as a full time student. Scholarship is renewable based on good standing and funding availability.

Utah Opportunity Scholarship

Utah Opportunity scholarship is a merit based scholarship available to Utah high school graduates.

Students must meet advanced coursework and GPA requirements, including enrollment in AP, IB or Concurrent Enrollment courses.

Application:

- Contact High School Guidance Counselor for application
- Coordinate with financial assistance office at college or institution

Adult English Classes

(Class Times Subject to Change)



Horizonte Instruction and Training Center

1234 South Main St. SLC, UT, 84101
Phone: 801-578-8574

Horizonte hosts 6 levels of English Language instruction through daytime and evening courses.

Weekday Classes:

Monday - Friday

- Class 1: 8:40am - 10:40am
- Class 2: 10:50am - 12:50pm
- Class 3*: 1:25pm - 2:25pm

*Optional Elective Class M-Th

Evening Classes:

Tuesday - Thursday

- Class 1: 5:30pm - 7:00pm
- Class 2: 7:00pm - 8:30pm

Registration:

Call 801-578-8574 to schedule

- Bring Photo ID & Proof of Address
- \$30 Registration Fee (Fee Waivers Available)



Glendale Community Learning Center

1388 S Navajo St. SLC, UT 84104
Phone: 801-974-1902

Glendale CLC supports weekly morning and evening ESL classes.

The weekday "Empowering Parents" class teaches parents vocabulary relevant to their children's education. Evening classes supported by Horizonte provides basic English Instruction

Weekday - Empowering Parents

Monday - Tuesday - Wednesday
8:30am - 10:00am

Evening - Horizonte ESL

Tuesday & Thursday
5:30 - 8:30pm

Registration:

Ongoing registration on-site

- Bring Photo ID & Proof of Address



Rose Park Community Learning Center

1105 West 1000 North, SLC, UT 84116
Phone: 801-578-8554

Rose Park CLC hosts weekly evening adult ESL classes and weekday youth ESL for Rose Park Elementary students.

Adult ESL

Monday

5:30 - 7:00pm

Youth ESL

Tuesday : First-Third Grade

2:30 - 3:30pm

Thursday: Fourth-Sixth Grade

2:30 - 3:30pm

Registration:

Ongoing registration on-site

- Bring Photo ID & Proof of Address



Liberty Elementary Community Learning Center

1078 South 300 East, SLC, UT 84111
Phone: 801-578-8588

Liberty Elementary CLC hosts weekly evening adult ESL classes.

Evening ESL

Monday

5:30 - 7:00pm

Registration:

Ongoing registration on-site

- Bring Photo ID & Proof of Address



Colombus Adult Education Center

1860 S 300 E, SLC, UT, 84115

Columbus Adult Education Center hosts 4 levels of English Language Learning in-person and virtually. Daytime and Evening classes are available.

Childcare is available.

Weekday Classes

Tuesday & Wednesday
9:30am - 12:30 pm

Evening Classes

Tuesday & Wednesday
6:00pm - 8:30pm

Registration:

Ongoing registration on-site or online at columbusaec.org/adult-students/



UNP Hartland Partnership Center

1578 W 1700 S, SLC, UT 84104

University Neighborhood Partners offers 3 levels of English Language learning at their neighborhood center.

Emergent Readers (Basic)

Tuesday, Wednesday & Thursday

5:30pm - 7:00pm

Room 104

Beginner English

Tuesday & Thursday

5:30-7:00pm

Room 106

Intermediate English

Tuesday & Thursday

6:00-7:00pm

Room 105

Registration:

Ongoing registration on-site

- Bring Photo ID & Proof of Address

NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

