96-Hour Emergency Kit

The 96-Hour Emergency Kit should be individually tailored to meet the basic survival needs of your family for four days. Most families prefer to store their emergency supplies in one location that is relatively safe, yet easily accessible if evacuation is required. Items may be stored in a 32-gallon trashcan, suitcase, duffel bag, footlocker, or backpack.

Emergency Needs:

Emergency Preparedness Instruction Manual First Aid Kit Sleeping Bags & Blankets (Space Blankets) Extra Eye Glasses/Contacts Extra Clothing (including socks) Money (cash)

Food & Water:

Non-Perishable Food (enough for 4 days)
Suggested: Ready-to-eat goods in
water tight container, canned meats,
juice, fruits & vegetables, powdered
milk, infant care foods, crackers,
peanut butter, freeze-dried &
dehydrated goods, MRE's, fuel energy
bars, granola, flavored water packages
Spice container (Salt, pepper, oregano, etc...)
Can-Opener

Camping plate, cup, and utensils Folded Aluminum Foil

Water Storage (1 gallon/person/day)

Water Purification/Filtration

Water Bottle

Tools & Information:

Utility Knife/Multi-tool
Flashlight (Crank or Pack Extra Batteries)
Emergency Candles
Pens & Paper (including permanent markers)
Copies of important documents (insurance,
marriage certificate, mortgage,
automobile ownership, driver's license,
birth certificate, etc...)
Battery/Crank Weather Radio

List of important addresses/phone numbers

Work Gloves Tool Kit Signal Mirror Whistle

Chemical Light Sticks

Bandana Rain Poncho Parachute cord/Rope

Duct Tape

Razor Blades

Waterproof/Windproof Matches

Lighter Flint Steel Tarp

Sanitation

5/6 gallon bucket Port-a-Potty lid Port-a-Potty bags Port-a-Potty chemicals Latex-Free Gloves

3M N95 Particulate Respirator

Toilet Paper Rolls

Toothbrushes, paste, and floss

Facial tissue packs Combs & Razors

Soap

Waterless Sanitizer

Wet Wipes Deodorant

Feminine Hygiene

Chap Stick Nail Clippers Lotion

First Aid:

Pain Relievers Rubbing Alcohol Alcohol Swabs Cotton Balls/Swabs Anti-bacterial Ointment Anti-itch cream

Roller Gauze and Pads Triangular Bandage Elastic Bandage Safety Pins

Scissors

Laxatives & Anti-Diarrheal

Allergy medication Thermometer

Medical Adhesive Tape

Tweezers
Splints
Heavy String
Adhesive Bandages
Super Glue
Moleskin

Dental temporary crown paste

CPR Mask

Latex & Non-Latex Gloves

Other Items to Consider

Stress Reducers: Games, puzzles, books, magazines, & crafts
Travel size sewing kit

Zip ties

USB/Hard drive with important

photos/documents
Special medications
Pet 96-Hour Kit/First Aid
Chemical hand warmers