



ERIN MENDENHALL
Mayor

PROCLAMATION

WHEREAS, August is recognized as National Wellness Month focusing on self-care, establishing healthy routines, and stress management; and

WHEREAS, Salt Lake City strives to create, foster, and promote community spaces that encourage physical activity, provide access to nutritional resources and guidance, and support mental health services and education; and

WHEREAS, Salt Lake City's air quality has a direct impact on the health of the City's residents, and improving it through initiatives like the Community Renewable Energy Program, the 1,000 Trees initiative, Tickets for Transit, the annual lawn mower exchange, and more are a top City priority; and

WHEREAS, focusing internally to support employees' physical, mental, and economic well-being is a priority objective outlined in the Salt Lake City 2021 Plan: Recharge, Reset, Rebound; and

WHEREAS, we recognize and acknowledge that the physical, mental, and emotional wellbeing of communities of color is disproportionately affected by the impact that racism has on their access to everyday resources including healthcare, education, housing, and employment; and

WHEREAS, in a joint resolution with the Salt Lake City Council, racism has been declared a public health crisis in our city; and

WHEREAS, this month we encourage all Salt Lake City residents and employees to commit to making small changes in their habits in an effort to improve overall personal wellbeing.

NOW, THEREFORE, I, Erin Mendenhall, Mayor of Salt Lake City, proclaim August 2021 as:

Wellness Month in Salt Lake City

Dated August 12, 2021

A handwritten signature in black ink, appearing to read "Erin Mendenhall".

Erin Mendenhall
Mayor