

Emergency Food & Community Resources

NEED FOOD HELP?

Federal Nutrition Programs

SNAP (Food Stamps)

SNAP, or the Supplemental Nutrition Assistance Program (formerly 'food stamps') provides monthly food assistance to low-income individuals and households through an electronic benefits transfer card (EBT) known as the Horizon Card. SNAP benefits can be used to purchase any foods other than hot prepared meals. Most grocery stores in Utah accept SNAP.

See Chart A below for eligibility. You can apply for SNAP online at <https://jobs.utah.gov/mycase/> or in person at your local Department of Workforce Services (DWS) Employment Center, Monday-Friday 8am- 5 pm Phone 801-526-0950

DWS – Employment Centers

Metro: 720 East 200 South
Midvale: 7992 South State Street
South County: 5735 South Redwood Road

Expedited SNAP

Normally, SNAP (food stamp) applications are processed within 30 days. However, you can receive your SNAP benefits in 7 days, if:

- You are in a household with less than \$150 in monthly gross income and have less than \$100 cash on hand.
- You are in a household whose combined monthly gross income and liquid assets are less than the household's monthly utilities and rent/mortgage.
- No verification is required at the time of application. Any necessary verification must be submitted within 30 days of initial application.

Same day benefit issuance is possible if you already have an EBT card.

Are You Eligible?		
	Chart A SNAP & Free School Meals, CSFP Boxes	Chart B WIC & Reduced-Price School Meals
Household Size	To qualify, your gross monthly income must be less than:	
1	\$1,354	\$1,926
2	\$1,832	\$2,607
3	\$2,311	\$3,289
4	\$2,790	\$3,970
5	\$3,329	\$4,652
6	\$3,748	\$5,333
CHART A: for additional family member add \$479		
CHART B: for additional family member add \$682		

Using SNAP at Farmers Markets

You can use your SNAP EBT benefits at over twenty farmers markets and farm stands across Utah. Some locations also match SNAP benefits (up to \$10 per day) with Double Up Food Bucks tokens that can be used to purchase fresh fruits and veggies. Find a participating farmers market & farm stand near you at: <https://www.uah.org/get-help/snap-farmers-market>

Food \$ense SNAP Nutrition Education

Food \$ense (SNAP-Ed) provides nutrition education to SNAP recipients and eligible households. Food \$ense offers a variety of classes to expand participants' knowledge of nutrition, budgeting, cooking, food safety, and physical activity for persons eligible for SNAP. Learn more at <https://extension.usu.edu/foodsense/>

Salt Lake County

2001 South State Street,
Ste. S-1 300
Salt Lake City, UT 84114
385-468-4820

WIC (Women, Infants & Children) Supplemental Food Program

The WIC program provides supplemental food such as milk, infant formula, eggs, cheese, juice, cereals, beans, fruits, and vegetables to pregnant women, nursing mothers, infants, and children under the age of 5, who are low income and at nutritional risk. WIC vouchers are redeemable at most grocery stores. See **Chart B** for eligibility.

To apply for WIC benefits call your local WIC office to set up an appointment:

Ellis Shipp

4535 South 5600 West
West Valley City, UT 84120
385-468-3710

South Main

3690 South Main Street
Salt Lake City, UT 84110
385-468-3660

Free & Reduced Price School Meals

The National School Lunch Program and School Breakfast Program operate in most public and nonprofit private schools and residential child care institutions. They provide nutritionally balanced, low-cost or free breakfast and lunches to children each school day.

Families can apply at any time during the year. Parents do not need to be citizens for their kids to be eligible for school meal programs. See Charts A & B for eligibility. Contact your child's school to apply.

Summer Food Program

The Summer Nutrition Program provides free meals and snacks to all children 18 and under when school is not in session. To find a summer food location

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near you, text FOOD to 877-877 or call 1-800-453-3663

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Emergency Food Pantries

Copperview Food & Resource Center

8446 South Harrison Street
Midvale, UT 84047
801-255-3516

Crossroads Urban Center

347 South 400 East
Salt Lake City, UT 84111
801-364-7765 ext. 101

Crossroads Westside Food Pantry

1358 West Indiana Ave.
Salt Lake City, UT 84104
801-935-4079

First Baptist Church Kearns

4445 West 5175 South
Kearns, UT 84118
801-981-8717

Salt Lake City Mission Food Pantry

1151 South Redwood Rd.
Ste.106, SLC, UT 84104
801-355-6310

St. Andrew's Food Pantry

11835 South 3600 West
Riverton, UT 84065
801-871-5080

Taylorville Food Pantry

4775 South Plymouth View Dr.
Taylorville, UT 84123
801-815-0003

Utah Community Action Redwood Resource Ctr.

3060 South Lester Street
West Valley City, UT 84419
801-972-6661

See attached for more locations or call 801-328-2561 or visit uah.org/get-help/emergency-food

Utah Food Bank Mobile Pantry Program

The Utah Food Bank's Mobile Pantry provide support to Utahns living in areas that are classified as food deserts or are inaccessible or underserved by traditional food pantries. Call to find a mobile pantry location at (801) 978-2452 or visit

<https://www.utahfoodbank.org/programs/mobile-pantry/>

Prepared Meals/Soup Kitchens

Chuckwagon Sunday Brunch

500 South 600 West
Salt Lake City, UT 84126
801-254-4945

Utah Food Bank Food Box Program

The Utah Food Bank's Food Box Program provides free monthly food assistance to homebound people with disabilities and seniors living in poverty, delivered right to the client's home. To find out if you are eligible, call (801) 887-1271 or visit <https://www.utahfoodbank.org/ufb-food-box-program/>

Food Assistance for Seniors

Meals on Wheels

The Meals on Wheels program prepares and delivers free meals to seniors who are homebound and 60+. Apply by calling your local Aging & Adult Services office at:

Meals on Wheels Offices

2001 South State Street
St.S3-300
Salt Lake City, UT 84114
385-468-3200

Congregate Meals

Congregate Meals are served free to those 60+ at senior centers. Donations are suggested but not required to participate.

River's Bend Northwest Senior Center

1300 West 300 North
Salt Lake City, UT 84116
385-468-3015

Riverton Senior Center

12914 South Redwood Road
Riverton, UT 84065
385-468-3040

Commodity Supplemental Food Program (CSFP)

CSFP is a free monthly food box program for low-income (self-declared) seniors 60+. See Chart A for eligibility.

Learn more about CSFP at www.utahfoodbank.org/csfp Call 801-887-1275 for an application and to find a distribution center near you.

2-1-1 Utah - Information & Referral

2-1-1 Utah provides information and referrals for social services, medical services, utility and housing assistance, and other low-income resources.

For more information call 2-1-1 or visit <http://211utah.org/>

Utahns Against Hunger

Utahns Against Hunger (UAH) is a non-profit organization that works on advocacy, outreach and education around federal and state nutrition programs. You can call UAH with questions related to accessing any of the resources or nutrition programs included on this flier.

Phone: 801-328-2561

Toll-free: 1-800-453-FOOD (3663)

Email: info@uah.org

Website: www.uah.org

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Salt Lake County

Emergency Food & Community Resources

WIC - South Redwood
7971 South 1825 West
West Jordan, UT 84088
385-468-4365

WIC - Southeast
9340 South 700 East
Sandy, UT 84070
385-468-433

Casa de Oracion - SLC
1946 West Parkway Blvd.
West Valley, UT 84119
801-674-7241

Central Compassion Center
1076 West Indiana Ave.
Salt Lake City, UT 84104
801-328-0768

The Concern Center
1235 West California Ave.
Salt Lake City, UT 84104
801-972-5708

Ebenezer Helping Hand Food Pantry
820 South 300 East
Salt Lake City, UT 84111
801-355-8826

Feed U Food Pantry
200 South Central Campus Drive., Union Basement
Salt Lake City, UT 84112
801-585-1828

Glendale Mountain View Campus Pantry
1388 South Navajo Street
Salt Lake City, UT 84104
801-974-8315

Granger Community Food Pantry
3232 West 4100 South
West Valley, UT 84119
801-968-3301

Hidegard's Food Pantry
231 East 100 South
Salt Lake City, UT 84111
801-328-2303

Hope Unlimited Community Pantry
4140 West Sams Blvd.
Kearns, UT 84118
801-455-7972

House of His Glory Pantry
213 West 4800 South
Murray, UT 84107
801-994-2308

House of Prayer Food Pantry
829 South 200 West
Salt Lake City, UT 84101
801-414-3942

Jewish Family Service Food Pantry
1111 East Brickyard Rd.
Ste. 218
Salt Lake City, UT 84106
801-502-4703

LDS Church – Welfare Square
751 West 700 South
Salt Lake City, UT 84104
801-240-7326

Leopard Stash
840 South 1300 East
Salt Lake City, UT 84102
801-583-1661

Magna FACT
9113 West Magna Main
Magna, UT 84044
801-250-4811

Manna Market Indoors/Outdoors
4392 South 900 East
Salt Lake City, UT 84124
801-588-0139

Mesopotamia Community Pantry
3422 South 300 West
Salt Lake City, UT 84115
385-444-8861

Mt. Calvary Worship Center Food Pantry
3050 South 3200 West
West Valley, UT 84419
801-679-0466

Murray Park Church Food Pantry
494 East 5300 South
Murray, UT 84107
801-293-7000

Nueva Esperanza Food Pantry
7681 South 2200 West
West Jordan, UT 84084
385-232-9066

Palmer Court Food Pantry
999 South Main Street
Salt Lake City, UT 84111
801-505-7637

Rescue Mission of Salt Lake
463 South 400 West
Salt Lake City, UT 84101
801-355-1302

Utah AIDS Foundation
1408 South 1100 East
Salt Lake City, UT 84105
801-487-2323

Somali Community Self-Management Agency
1361 South State Street
Ste. 132
Salt Lake City, UT 84115
801-487-0822

South City Bruin Campus Cupboard
1575 South State Street
Salt Lake City, UT 84115
435-841-2735

South Valley Jesus Feeds Food Pantry
352 West 12300 South
Ste. 100
Draper, UT 84020
801-688-7251

St. James Episcopal Church Food Pantry
7486 Union Park Avenue
Midvale, UT 84047
801-566-1311

St. Paul's Episcopal Church Food Pantry
261 South 900 East
Salt Lake City, UT 84102
801-355-6203

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Taylorsville Redwood Bruin Pantry
4600 South Redwood Rd.
STC 015, STC 020
Salt Lake, UT 84123
801-957-4555

The Islamic Society of Greater Salt Lake
1019 West Parkway Ave.
West Valley, UT 84119
801-879-5313

The Salvation Army Salt Lake
438 South 900 West
Salt Lake City, UT 84104
801-988-4204

The UNP Hartland Partnership Ctr. Pantry
1578 West 1700 South
Salt Lake City, UT 84104
801-864-2483

Utah Labor Community Services Pantry
2261 South Redwood Rd.
Suite M.
West Valley, UT 84119
801-972-2771

VOA – Youth Resource Center
888 South 400 West
Salt Lake City, UT 84101
801-364-0744

St. Vincent de Paul Dining Hall – Soup Kitchen
437 West 200 South
Salt Lake City, UT 84101
801-363-7710

Rescue Mission – Soup Kitchen
463 South 400 West
Salt Lake City, UT 84101
801-355-1302

Salt Lake Mission – Soup Kitchen
1151 South Redwood Rd.
Ste. 106
Salt Lake City, UT 84104
801-355-6310

Good Samaritan Program
347 East South Temple
Salt Lake City, UT 84103
801-328-5633

Draper Senior Center
1148 East Pioneer Rd.
Draper, UT 84020
385-468-3330

Sandy Senior Center
9310 South 1300 East
Sandy, UT 84094
385-468-3410

Sunday Anderson Westside Senior Center
868 West 900 South
Salt Lake City, UT 84104
385-468-3155

Taylorsville Senior Center
4743 South Plymouth View Drive
Salt Lake City, UT 84123
385-468-3370

Tenth East Senior Center
237 South 1000 East
Salt Lake City, UT 84102
385-468-3140

West Jordan Senior Center
8025 South 2200 West
West Jordan, UT 84088
385-468-3401

Columbus Senior Center
2531 South 400 East
Salt Lake City, UT 84115
385-468-3340

Kearns Senior Center
4851 West 4715 South
Kearns, UT 84118
385-468-3100

Liberty Senior Center
251 East 700 South
Salt Lake City, UT 84111
385-468-3170

Magna Kennecott Senior Center
9228 West 2700 South
Magna, UT 84044
385-468-3000

Midvale Senior Center
7550 South Main Street
Midvale, UT 84047
385-468-3350

Mt. Olympus Senior Center
1635 East Murray – Holladay Road
Holladay, UT 84117
385-468-3130

South Jordan Senior Center
10778 South Redwood Rd.
South Jordan, UT 84095
801-302-1222

Friendly Neighborhood Senior Center
1992 South 200 East
Salt Lake City, UT 84115
385-468-3065

Millcreek Senior Center
2266 East Evergreen Ave.
Salt Lake City, UT 84109
385-468-3305

Harman Senior Recreation Center
4090 South 3600 West
West Valley, UT 84119
801-965-5822

Murray Heritage Senior Center
10 East 6150 South
Murray, UT 84107
801-264-2635

Utah Pride Center
255 East 400 South
Salt Lake City, UT 84111
801-539-8800

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