SALT LAKE CITY CORPORATION

Resolution

JOINT RESOLUTION DECLARING SEPTEMBER 2025 NATIONAL SUICIDE PREVENTION MONTH IN SALT LAKE CITY

- WHEREAS, September is known nationally as "Suicide Prevention Month;" and
- **WHEREAS**, according to the American Foundation for Suicide Prevention, suicide is the 7th leading cause of death in Utah, and the 2nd leading cause of death for Utahns aged 15-44 years old; and
- **WHEREAS**, according to Utah Department of Health & Human Services, Utah experienced 696 suicides in 2023; and
- **WHEREAS**, according to Utah Department of Health & Human Services, more people are hospitalized or treated in emergency rooms for suicide attempts than are fatally injured; and
- **WHEREAS**, every life lost or attempt at a life directly affects the victim's family, friends, coworkers, neighbors, and community; and
- WHEREAS, there are many mental health resources through facilities such as Huntsman Mental Health Institute and its Crisis Care Center, and hotline and emergency resources such as SafeUT, The Trevor Project, the Utah Crisis Line, and Mobile Crisis Outreach Teams ("MCOT"); and
- WHEREAS, free and confidential support is accessible and available by calling or texting 988 to be connected to a skilled, trained counselor at a crisis center in your area, 24/7; and
- WHEREAS, anyone wishing to learn how to recognize the warning signs of suicide and how to help someone in a crisis can access numerous online resources, including those provided by Live on Utah, the American Foundation for Suicide Prevention, the National Alliance on Mental Illness ("NAMI") Utah, and the Utah Suicide Prevention Committee and Coalition; and
- **WHEREAS**, Salt Lake City values those who work daily to help improve the mental resilience and welfare of others through their professions in mental health care, education, and emergency services.

NOW, THEREFORE BE IT RESOLVED,

that the Salt Lake City Council and Mayor of Salt Lake City recognize the month of September 2025 as National Suicide Prevention Month in Salt Lake City.

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BE IT FURTHER RESOLVED,

that Salt Lake City encourages all residents to familiarize themselves with mental health education and treatment resources and to recognize how a healthy mind can help us better care for ourselves, our families, and our communities.

Adopted this 2nd day of September, 2025.

Erin Mendenhall Salt Lake City Mayor

Alejandro Puy, Vice Chair

Salt Lake City Council Member, District Two

Eva Lopez Chavez

Salt Lake City Council Member, District Four

Dan Dugan

Salt Lake City Council Member, District Six

Chris Wharton, Chair

Salt Lake City Council Member, District Three

Victoria Petro

Salt Lake City Council Member, District One

Darin Mano

Salt Lake City Council Member, District Five

Sarah Young

Salt Lake City Council Member, District Seven

